

8-25-1997

The Ithacan, 1997-08-25

Ithaca College

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WELCOME BACK EDITION

The ITHACAN

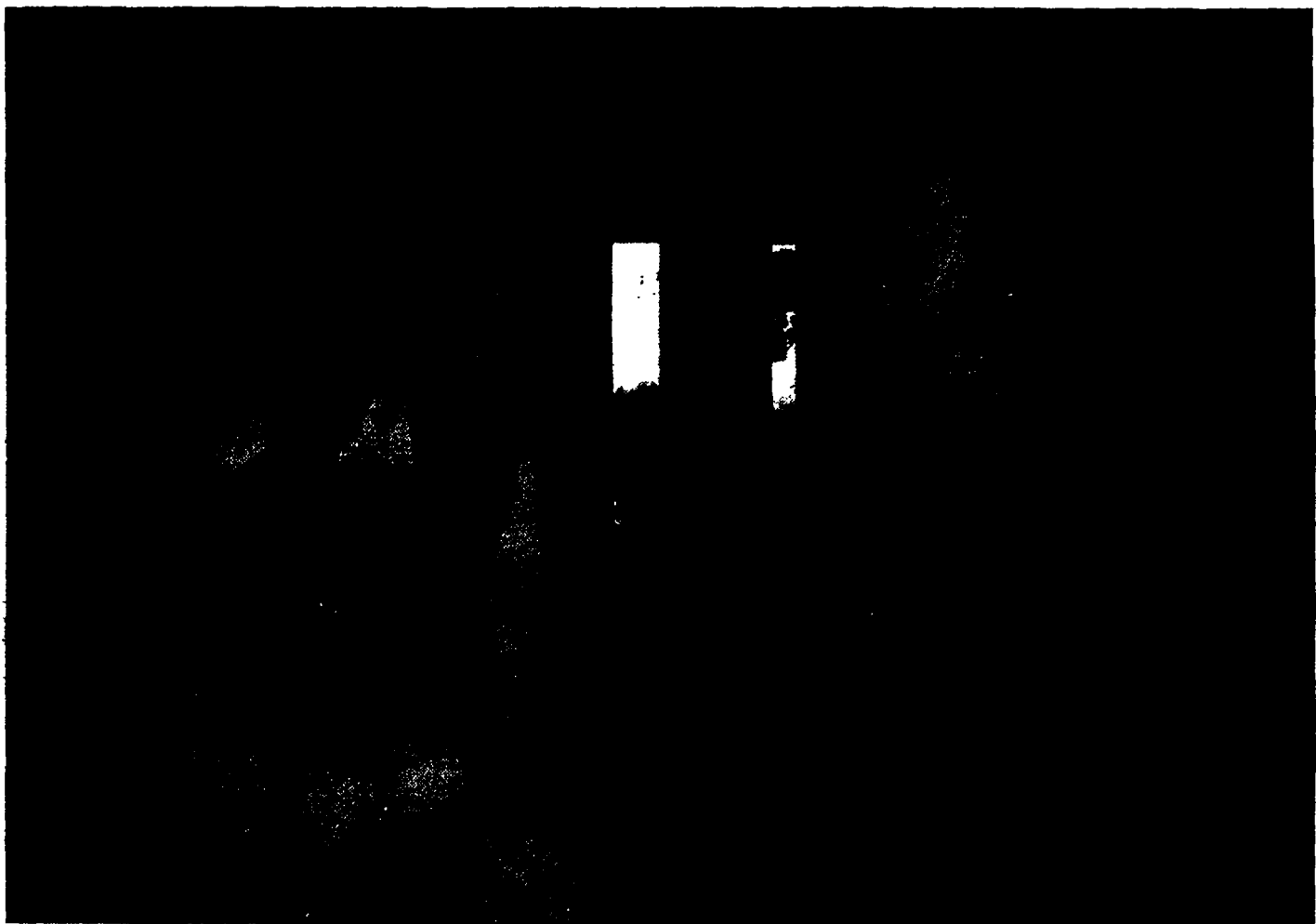
The Newspaper for the Ithaca College Community

VOLUME 65, NUMBER 1

MONDAY, AUGUST 25, 1997

32 PAGES

New beginnings



The Ithacan/Suzie O'Rourke

President Peggy Williams has spent much of her time this summer getting to know Ithaca College by speaking with members

of the Ithaca College community. Here, she asks first-year student Karin Bonilla about her first impressions of the College.

The Class of 2001 is not the only group new to the area. There are also hundreds of transfer students and, of course, our newly hired president, Peggy Williams. Today's Welcome Edition tells you all you need to know about Ithaca College and the surrounding area.

NEWS 3

Find out about Ithaca's new 911 system.

ACCENT 12

Find out where to shop in the Ithacan's version of "Supermarket Sweep."

SPORTS 25

Familiarize yourself with where the intercollegiate Bombers play.

NEWS

Peggy Williams discusses her first days in office and her plans for the College.

ACCENT

The Catholic Community is going through changes at the beginning of semester.

SPORTS

There is a new Athletics Director at Ithaca College. Get to know Elizabeth Alden next week.

More time to buy books

By Ithacan Staff

The opening of the Ithaca College school year brings with it new faces, new classes and, most of all, lines.

The College Bookstore will extend its regular hours to help alleviate the student rush to buy textbooks.

Michael Bovi, director of College stores, said he advises students to wait until after the first day of class to purchase textbooks.

"Often there are a lot of changes, especially with freshman classes," Bovi said.

"There are new sections opening up and faculty changes. Sometimes, it's best to wait," he added.

If students do purchase books in error, there will be a textbook refund period at the buyback window located in the Post Office in Phillips Hall on the following dates: 9 a.m. to 4 p.m. on Friday,

August 29 and Tuesday, September 2; 9 a.m. to 1 p.m. Wednesday, September 3, through Friday, September 5; 9 a.m. to 1 p.m. Monday, September 8, through Thursday, September 11, and 9 a.m. to 4 p.m. Friday, September 12.

The last day for refunds is

Friday, September 12.

There will also be a Used Book Buyback, where students can return books used in past semesters in exchange for cash. This will be held from 9 a.m. to 4 p.m. Wednesday, August 27 and Thursday, August 28 at the buyback window.

Bookstore Hours

Regular hours: 9 a.m. to 5 p.m. Monday to Friday

Extended hours for opening of school year: 9 a.m. to 6 p.m. Tuesday, August 26 to Friday, August 29; and 11 a.m. to 5 p.m. Saturday, August 30

Textbook Refund Policy:

- Must have cash register receipt and student ID
- Must have purchased book for current semester
- New books cannot be marked in any way. Used books may be returned in the condition purchased
- If you purchased by a charge card or ID Express, you will be issued a credit, not cash
- Books must be returned during the designated refund period

School year to officially open

Williams to give Convocation speech

By Ithacan Staff

The new president of Ithaca College, Peggy Ryan Williams, will officially open the new school year today at 11 a.m. with traditional convocation ceremonies in the Ben Light

Gymnasium.

The ceremony welcomes all new and returning students, and also sets the keynote for the incoming freshmen's education at the College.

Williams will speak especially to the members of this year's incoming freshman class and also to the returning members of the College community, including

faculty, staff and students.

Herman E. Muller, Jr. '51, chairman of the College Board of Trustees, and Catherine S. Henry '98, president of the Student Government Association, will also be speaking to students at the convocation.

The Ithaca College faculty ensemble will also perform at the ceremony.

Get connected to cable, phone

Hooking up

For information regarding their services students can contact these numbers:

ACC: on-campus office 275-5222
main phone number 1-800-481-4224

Time Warner Cable: 272-3456

By Ithacan Staff

Students interested in receiving cable or telephone service can sign up on campus this week.

Several representatives from Time Warner Cable will be in the North Foyer of the Campus Center on August 25, 26 and 27 from 5 p.m. until 8 p.m.

Students can pick up their cable boxes and sign up for other services during this time.

"Whatever [the students] need we'll have on campus," said Susan Williams, customer service supervisor for Time Warner.

The cost for basic service is \$13, plus \$21.39 for installation.

Students who are unavailable at the times Time Warner

is on campus can pick up a cable box at the company's office at 519 W. State Street in Ithaca.

If students have any questions regarding their ACC phone service or would like to sign up for voice-mail or a long distance calling card they can go to the ACC office located in the Terrace Dining Hall.

The office is open Monday through Friday from 9 a.m. to 11 p.m. and from 12 p.m. to 2 p.m.

If the office is closed, students can call the main office phone number.

Jeanna Hale, on-site representative for ACC, said if students have billing concerns they should wait until the on-campus office is open because problems can be handled more quickly there.

BIG AL'S PIZZA



272-3448
1103 DANBY RD.

STORE HOURS:

Monday - Thursday:

6 a.m. to Midnight

Friday & Saturday:

6 a.m. to 1 a.m.

Sunday:

8 a.m. to Midnight

FREE DELIVERY:

Monday - Thursday: 11 a.m. to Midnight

Friday: 11 a.m. to 1 a.m.

Saturday: Noon to 1 a.m.

Sunday: Noon to Midnight

MUST MENTION COUPON WHEN ORDERING.

CLIP AND SAVE

**LARGE
CHEESE
PIZZA**

\$5⁹⁹

Tax included in price. Not valid with other offers.
Present coupon at purchase. 2 free Pepsis with all pizzas.
Expires 9/30/97

HELP WANTED

Apply in person

1103 Danby Rd.

(1 mile up from Ithaca College)

PUZZLED?...START PIECING IT ALL TOGETHER!

Office of Career Planning & Placement • Fall 1997 Seminar Schedule

Day	Date	Time	Location *
Thur.	Sept. 11	2:00 PM	South Meeting Room
Wed.	Sept. 24	12:00 Noon	South Meeting Room
Fri.	Oct. 6	11:00 AM	South Meeting Room
Tues.	Oct. 21	12:00 Noon	South Meeting Room
Wed.	Nov. 5	3:00 PM	South Meeting Room
Thur.	Nov. 20	2:00 PM	South Meeting Room
Tues.	Dec. 2	12:00 Noon	South Meeting Room

Day	Date	Time	Location *
Tues.	Sept. 23	12:00 Noon	South Meeting Room
Wed.	Oct. 15	1:00 PM	South Meeting Room
Thur.	Nov. 6	2:00 PM	South Meeting Room
Fri.	Dec. 5	11:00 AM	South Meeting Room

Day	Date	Time	Location *
Tues.	Oct. 14	12:00 Noon	South Meeting Room
Wed.	Nov. 19	2:00 PM	South Meeting Room

Day	Date	Time	Location *
Fri.	Sept. 19	12:00 Noon	South Meeting Room
Tues.	Oct. 7	1:00 PM	DePinto Room
Wed.	Oct. 22	1:00 PM	South Meeting Room
Thur.	Nov. 13	2:00 PM	South Meeting Room
Thur.	Dec. 4	12:00 Noon	DePinto Room

Day	Date	Time	Location *
Wed.	Sept. 17	11:00 AM	South Meeting Room
Thur.	Oct. 9	12:00 Noon	DePinto Room
Tues.	Nov. 11	12:00 Noon	South Meeting Room

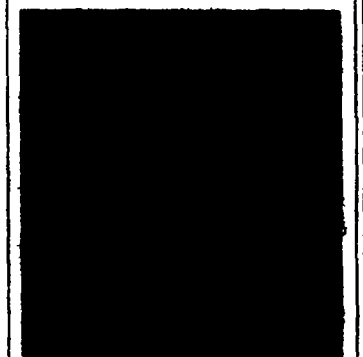
* All locations are rooms within the Campus Center. South Meeting Room is located on the third floor. The DePinto Room, downstairs from the Information desk, is accessible through the south entrance of the Campus Center, next to the Light Dining Hall.

All seminars are one hour unless otherwise noted. Seminars may register for seminars by signing up on the sheets posted on the bulletin board outside our office doors in the Career Center.

Participate in the Ithaca College CAMPUS RECRUITING PROGRAM!

All seniors and graduate students are encouraged to attend the "Ready, Set, Go!" Seminar. This seminar will prepare you for your job search, successful interviewing and introduce you to many of the services and resources available to help you meet your job search objectives and career development needs.

All students planning to participate in Campus Recruiting are REQUIRED to attend the "Ready, Set, Go!" Seminar. Please stop by our office in the Career Center to register for a seminar commitment for you. Sign up sheets are posted on the bulletin boards outside the office.



A SAMPLE OF COMPANIES RECRUITING THIS FALL

Aerotech	Emerson Power Transmission
American International Group	Grey Advertising
American Management Systems	Independent Educational Sec.
Anderson Worldwide	Itasca Medical Group, Inc.
Automated Data Processing	Memorial Sloan-Kettering
Baby Goods/General Mills	Quaker Oats
BNI International, Inc.	Parall Lynch
CBS, Inc.	National Basketball Assoc.
Chubb Insurance Company	West West Group, Inc.
Chubb Insurance Company	Sims & Schuster
CompuLink/Computer	Systems/Computer Technology
CompuLink/Computer	Univ. of Penn./Social Work
E&J Gallo Winery	Women's Sports Foundation
Enterprise Rent-A-Car	

Dial 911 for emergencies

By Michael Bornstein
Ithacan Staff

Ithaca College community members must now dial 911, instead of 3333, when trying to contact the Office of Campus Safety for all fire, police and medical emergencies.

The number change took place August 3. The 3333 number is now used for non-emergencies.

However, only the blue light phones and dialing 911 from resident hall phones will reach campus safety. There is no need to dial 9 first in order to reach an outside line.

Dialing 911 on a campus pay phone will connect to the downtown police station. If the call is made from a cellular phone it will go to the New York State Police.

When a person dials 911 on campus, a computer pinpoints where the call is coming from. The dispatcher will then send the appropriate emergency response personnel to the emergency location.

Tompkins County has also

activated the new 911 number. The county's number for emergencies used to be 273-8000. When a person called this number they would get an immediate response, but operators did not know where the call was coming from.

Robert Holt, director of campus safety, said the College has always been able to locate where a call was coming from even with the 3333 number.

"The only real change is that the number is shorter," Holt said. "We have been able to tell the location of the call for years, but this is a new thing for Tompkins County."

In the 1997-98 Student Handbook, the emergency number for campus safety is still 3333. Brian McAree, assistant vice-president for student affairs and campus life said this is incorrect.

"The handbook was printed in June and the 911 number just came out," McAree said. "The faculty and staff were sent letters on Friday and students will get

one when they check in or at the information desk."

Holt stressed that the new 911 number should only be used to report emergencies such as fires, serious injury or illness, a crime in progress, a person choking or incidents involving weapons and chemical spills. The number should not be used to report missing property, to inquire about weather or road conditions. However, Holt said 911 may be used for motorist assistance.

"We do consider not being able to get your car started or having to walk home alone in the dark an emergency," Holt said. "We are not going to hang up on you if you dial 911 when you need an escort."

Holt said the new number will make the campus safer for everyone.

"Everyone in the state of New York is going the way of 911 and everybody is familiar with it," Holt said. "When a stranger is on campus and an emergency occurs, he or she will know 911, but they may not know 3333."

Helping out around town

Ithaca offers places to volunteer

By Ithacan Staff

Feel like doing something that benefits others? If you have extra time on your hands or just want to help out in the community, there are many places to volunteer in Ithaca:

Alcoholism Council of Tompkins County—274-6288
Volunteers can be involved in education, counseling and referral services.

American Red Cross of Tompkins County—273-1900

There are hundreds of jobs for volunteers, including donating blood, working on computer projects and assisting with clean-up for local disasters. Certified students may teach first aid, CPR or swimming.

Community Service Network—274-3377

CSN plans several community service projects throughout the year, including Random Acts of Kindness Day, building houses and Christmas caroling at

Ithacare.

Drop-in Children's Center—272-7117

Children aged six months to five years can receive regular full- or part-time daycare and emergency child care.

Greater Ithaca Activities Center—272-3622

Volunteers can assist in after-school programs and summer programs for youths (ages four to 10), preteens (ages 11 to 13) and teens (ages 14 and up).

Ithaca Rape Crisis—273-5589

Female students may be crisis counselors, but they must go through 45 hours of training and be able to make a year-long commitment. There are also educational programs that both men and women can be involved in.

Literacy volunteers of Tompkins County—277-6442

Students tutor adults in basic reading skills and English as a second language. Volunteers must be able to make at least a year-

long commitment and go through 21 hours of training for tutoring programs. Students may also perform office duties, distribute posters and advertisements, work at a small computer lab or help out at the organization's library.

Loaves and Fishes—272-5457

Students may help serve food at the program's food line.

Salvation Army—273-2400

Volunteers may help serve weekend meals, which are at noon on Saturday and 5 p.m. on Sundays.

Southside Community Center—273-4190

Students may assist at the after-school programs by participating in educational and recreational activities. The center also needs volunteers to help out at the GED program or to tutor in math, writing and science.

United Way of Tompkins County—272-6286

United Way assists several other non-profit groups and can direct interested volunteers to other organizations that may be looking for help.

Trouble? Head for a blue light

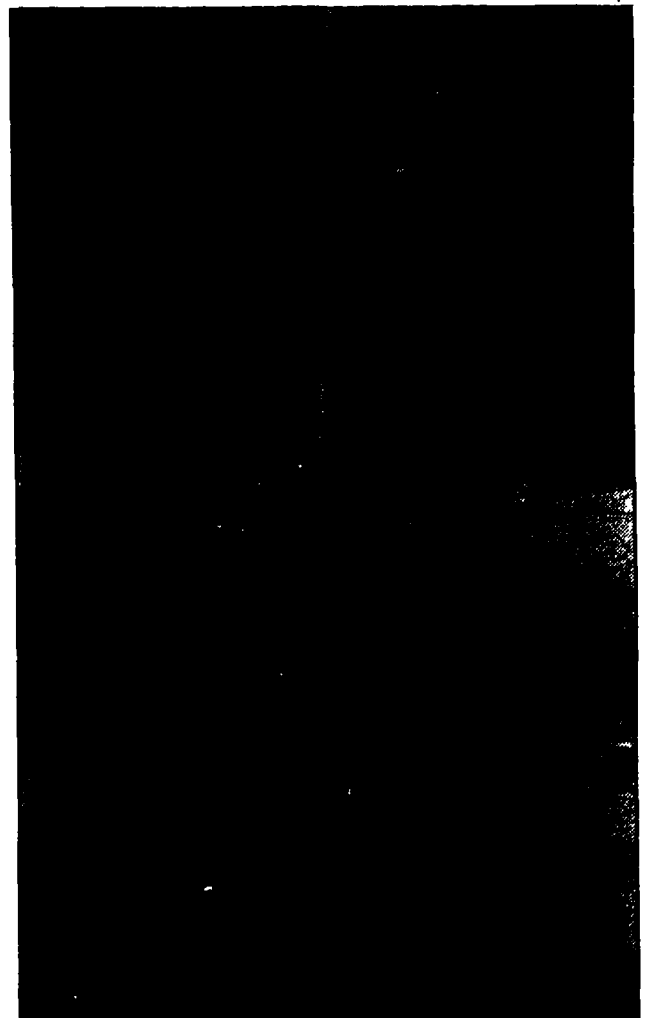


Photo Illustration/Suzie O'Rourke and Kelly Burdick
There are 56 blue light phones located around the Ithaca College campus for students to use.

By Michael Bornstein
Ithacan Staff

Members of the Ithaca College community should be aware of the 56 blue light phones scattered around campus that can be used in case of emergency.

Robert Holt, director of campus safety, said there is a beige box under the blue light with a red button marked "emergency" inside. When activated, the button connects the person to the Office of Campus Safety. The dispatcher talks through the speaker, and if there is no one on the other end, a computer will be able to pinpoint where the call came from and a response unit will be sent.

Holt said blue light phones may be used at any time.

The blue lights are on a timer and scheduled to come on at dusk. They are monitored once a week by Physical Plant, and the Office of Information Technology maintains the phones.

Bernard Rhoades, director of technical services, said the blue light phones are designed to signal campus safety immediately.

"They have a ring down circuit," he said. "These are made to automatically connect the phone to campus safety."

Holt said the safety lights have been on campus for at least 10 years.

For Rent?

The Ithacan Classified
page is the best place to
clear up your
housing worries.

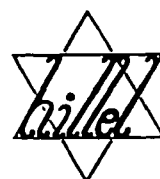
The **ITHACAN**
"The newspaper for the Ithaca College Community"

Hillel invites you to an

ICE CREAM SOCIAL

Tuesday, August 26,
7 p.m. on the South Quad
behind Egbert Dining Hall

FREE ICE CREAM!
MUSIC



In the event of rain, the ice cream social will be held
in the Klingenstein Lounge in the Campus
Center.

Avoid parking problems with permits

By Philip von Platen
Ithacan Staff

"Parking has always been a problem." These words head a postcard taped to the office window in the Ithaca College Traffic Bureau.

The card shows a 1930s Daytona Beach packed with cars all the way to the edge of the water.

The situation at Ithaca College may not be quite as desperate, but you will probably have to circle the lots in search of an open space.

The College Traffic Bureau issued about 8,000 parking violations last year, said Bureau Manager Lillian Tavelli.

She said it is a low number, but it does indicate there were quite a few misunderstandings about

Traffic info

The Traffic Bureau (274-3756) is located in the Campus Safety Building off Coddington Road. The office is open Monday through Friday 9 a.m. to 5 p.m.

parking on campus.

To avoid shelling out \$20 or \$30 for a ticket, you should follow a few simple rules.

If you intend to park on campus, you must register your car with the Traffic Bureau.

Bring your vehicle registration and College ID to the office and they'll issue you a car permit for \$40 and \$15 for motorcycles.

If you have questions, it is best

to contact the Traffic Bureau directly.

The best you can do is to keep your eyes open and not park in fire lanes, near hydrants or construction sites and spaces reserved for special and other vehicles.

Tavelli said fines double if you get caught in one of those areas.

You also risk getting your vehicle towed.

If this occurs, the towing company will charge an extra fee if the vehicle is in their lot more than 24 hours.

If it seems that every space on campus is taken, you may want to try the Y lot on Danby Road across from the main entrance. It's not listed on any campus maps, but the two upper sections are open to all students and faculty.

Violations

PERMIT VIOLATION	\$20
Parking without permit or in the wrong lot.	
PARKING LOT VIOLATION	\$30
Parking in a reserved area or a no-parking zone	
BLOCKING FLOW OF TRAFFIC	\$35
Parking in roadway or blocking a driving area	
CRITICAL AREAS	\$40
Parking in fire lane or handicap space	
MOVING VIOLATION	\$45
RECKLESS DRIVING	\$50
FRAUDULENT USE OF PERMIT	\$50

A LATE FEE OF \$5 WILL BE CHARGED FOR EACH TICKET THAT IS NOT PAID WITHIN 10 DAYS.

Religious groups offer more than just services

Worship times

Catholic Community Services:
Sundays 10 a.m., 1 p.m. and 9 p.m.

Jewish Community Services:
Fridays 6 p.m. Shabbat Services, followed by 7 p.m. dinner in the Terrace Dining Hall.

Protestant Community Services:
Sundays 11:30 a.m.; Evensong Service Wednesdays 10 p.m.; Fellowship Sundays 6:30 p.m.; Bible Study Tuesdays 7:30 p.m.

By Ithacan Staff

Ithaca College's three religious communities are busy getting ready for the new semester, not just with services but with many activities to involve the entire campus.

The Catholic Community has seen some changes this semester. It will say goodbye to Fr. Tom Valenti and welcome a new chaplain, Mary Humenay, to the College.

She said the community is an

exciting organization that offers many diverse activities.

"There is more to our community than just Sunday masses," Humenay said. "We are a diverse group, made up of students and faculty."

Hillel, the Jewish Community on campus, has dozens of programs and activities planned for the new semester.

"Hillel is doing a lot more on campus than just religious services," said Michael Faber, Jewish Chaplain and Hillel

Director. "We have things planned for the beginning of the semester to get ourselves out there on campus."

The Protestant Community also has several different activities planned for the semester, including the Labor Day TEAM Challenge at the Cayuga Nature Center.

"The Protestant Community is a great place to meet God and make friends," said Eileen Winter, chaplain for the Protestant Community.



DOWNTOWN ITHACA

Dining ★ Shopping ★ Entertainment

Welcome to Ithaca! We're glad you're here! We'd like you to enjoy our neighborhood filled with great places to shop...to eat...to see a movie...and dine in some of the best restaurants in New York state.

You can even get 'stuff' for your room or apartment...kitchen things...framing...do your banking...and a whole lot more.

Downtown, it's a happening place, and we'd like to get acquainted.

Fill out the coupon below, bring it to one of the banks listed and you could **WIN \$250 WORTH OF DOWNTOWN DOLLARS!**

Grand Prize Drawing - Your chance to win \$250 DOWNTOWN DOLLARS

Name _____

Address _____

College _____

Drop off at these downtown bank locations:

- Fleet Bank • Ithaca Hours Bank • M&T Bank • Marine Midland
- Savings Bank of the Finger Lakes • Tompkins County Trust Co.

Come Celebrate

It's A ... GALA

BLOCK PARTY

...in our neighborhood for the last performance in our Summer Concert Series...and to celebrate the beginning of Fall.

LIVE BANDS

Dance the evening away!

7-8 p.m. **THE HOT FOOT CLUB!**
Hot Jazz for a 'cool' evening

9-10 p.m. **THE RISING SIGN**
Salsa... with the Afro-Latin Beat

FOOD

Try our great restaurants!

Plus: **FOOD VENDORS** - Serving from 6 p.m.

- Sangam • Curry-in-a-Hurry
- King David's • Ben & Jerry's

Shop our wonderful shops and stores... and enjoy!

**Thursday,
August 28**

A familiar nightmare: moving-in day

An Ithaca College senior looks back at his first day on campus

By Tim Lynch
Online Editor

Coming to school my freshman year was, to say the least, a pain. I had visited Ithaca only once before (that previous time being the illustrious here-have-thousands-of-pamphlets-and-forms-sign-here-sign-there-now-come-up-with-a-catchy-rhyme-for-your-name summer orientation), so I was going into this pretty blind.

Or maybe I was just a naive freshman. For some reason I thought I would get to the College and waiting for me would be a butler-type character, holding up a sign with my name, ushering me into my pleasantly furnished Terrace apartment. Maybe I would get a complimentary meal, or movie pass or a massage.

Whatever. We got stuck in traffic on the way into school, being already behind schedule from getting lost in the village of Eastern Nowhere, New York. I was surrounded by mini-vans packed with naïveté like mine, all shattering at this same tragic moment. There would be no concierge and no red carpet. Rather, we would be greeted by tired RAs, and red tape would be rolled out before us.

So we pulled up to the foot of a hulking and rather ugly Terrace 12 and squeezed in among my fellow students-to-be. I lean back in my seat, sighed, and gaze loathingly in the rearview mirror at the piles of my belongings, longing to burst forth into the "gorges" life that would be Ithaca.

However, the first thing that caught my eye upon my arrival at my new home was not the "gorges" scenery (nor the amicable intelligencia surrounding me),

it was a pile of cinder blocks resting before the door of my terrace.

"I could use those cinder blocks," I thought cheerily to myself, "for any number of things..."

So I lugged six or seven cinder blocks up three flights of stairs in the steamy, late August weather to the outside of my dorm.

I needed a key to get in, I realized, a key I didn't possess.

I followed the flow of students to a long line in some other terrace, and there I waited. I waited for some time (unbeknownst to me then was that this wait would begin to temper me and hone my body in the grand art of "waiting around at Ithaca because things rarely get done with any organization"), and then waited some more.

When I got to the head of the line, I was quickly told to go across campus and then get back in line. Seems there was a problem with my bursar bill, and gosh darn it, I left my \$25,000 check to Ithaca College at home.

So I slogged dejectedly out of the line I thought I had just conquered and headed down to someplace called "Job Hall." I had heard two different pronunciations of it, job as in the biblical "Job," or job that rhymes with "Bob." But this didn't matter at all.

Again I waited in-line and kept my swearing in check. When I approached the window (with the cryptic little hole cut out of it—did they fear I would try to attack the bursar-worker?), I expected to be dragged off to debtor's prison. Instead however, and perhaps worse, I was told there was a problem with my financial aid. I had to go to the financial aid office and "straighten things out," and get back to the bursar's office

when everything was "straightened out," to have a form signed.

It was all a blur to me at this point. All I heard was "blah blah blah you've got a problem blah blah blah." While other people were yapping about how great their living arrangements were and how they couldn't wait to stock their fridge with beer, all I could think about were my cinder blocks. I didn't want anyone to take them.

As it turns out, I spent about four hours running back and forth across campus. Seems the financial aid office couldn't send my aid package over to the bursar's

office because I still needed to get a tuberculin skin test at the health center, and when I got that done (or the paperwork that said I would get it done and I wouldn't wander around campus waiting to infect everyone with my tuberculin skin), I could come back to the financial aid office and the aid officer would sign some notecard. Then I could return to the bursar's office and they would finally believe I was a student and not some punk trying to freeload an education.

Needless to say, it took me *four hours* to convince them of this.

With this done, I returned to the mini-van, with all my stuff (and the people who were nice enough to give me a ride to school) *still* waiting in it, with the good news that I could actually *move in*. I got my keys, my linens (a surprise perk, perhaps the highlight of moving in. Note to freshmen, appreciate the linen service), my paperwork and pamphlets and notices and such, and headed to Room 111.

The cinder blocks were gone and Rod Stewart was waiting from my room.

"Oh no," I murmured and put my head in my hands.



The Ithacan/Suzie O'Rourke
Andrea Trentz '01 buys a network kit at the Academic Computing and Client Services office. Getting your computer set up is just one of the many things to do on moving-in day.

Students can find relief from illness

By Ithacan Staff

Feeling ill? Head down to the Ithaca College Hammond Health Center for some relief.

The Health Center is a primary care facility. It has three physicians and two physician assistants on staff. Students can either make an appointment or walk-in. The

Health Center is open Monday through Friday from 8 a.m. to 4 p.m. When it is closed there is a nurse on duty and a physician or physician assistant on-call.

The Health Center treats all illnesses and injuries. There is no fee for a doctor's visit, but it does charge for medicines and laboratory and x-ray facilities. In addition

to routine exams, students can receive birth control, routine gynecological exams, allergy shots and HIV tests. Over the counter drugs and condoms can also be purchased at the Health Center.

If students are too ill to come to the Health Center, it will send a car to transport them there.

Feel better

Health Center Hours: 8 a.m. to 4 p.m.

The Health Center can be reached 24 hours a day at 274-3177.



Recycle it.

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- Free Parking • Free Trash Removal • Pets Allowed •
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Starting at \$250/person
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Match Stick & Shoji Blinds, Straw Rugs

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Godiva Chocolates • Caswell-Massey Soaps



The Plantation

130 Ithaca Commons • 273-7231

Mon-Wed. & Sat. 10:30-11:30, Thurs. & Fri. 11-4, Sun. 11-4

SGA represents student body

By Ithacan Staff

The Student Government Association, led by The Focus Party, is the organization on campus that represents the student body of Ithaca College.

Catherine Henry '98, SGA president, said the purpose of SGA is to focus on issues concerning students. Henry said this year SGA will be dealing with such problems as racism and the ongoing campus construction.

Henry said students regardless of year should become involved with SGA or any of the 120 clubs or organizations on the College campus.

"It is a great way to meet people with similar interests

Get involved

Student Activities Center
274-3377

Student Government Association holds meetings every Tuesday at 8:15 p.m. in the North Meeting Room in the Campus Center. (There will not be a meeting this Tuesday.)

and gain leadership experience," she said.

Students who would like to become residence hall, academic school or off-campus representatives can pick up an application at the Student Activities Center on the third floor of the Campus Center.

Student Government Officers

Focus Party

President: Catherine Henry '98

Vice-President of academics: Allyson Burley '98

Vice-President of business and finance: Kurt Pahl '98

Vice-President of campus affairs: Sean Heffron '99

Vice-President of communications: Mark Naparstek '99

Board approves promotions

By Ithacan Staff

Summer News in Review

At its May meeting, the Ithaca College Board of Trustees named Joel Savishinsky as Charles A. Dana Professor in the Social Sciences.

The board also approved the promotion of two current faculty members.

Greg Bostwick was promoted to full professor of theater arts from associate professor, and Elaine Leeder was promoted to full professor of sociology from associate professor.

Also, Teresa Moore was grant-

ed tenure and promoted to associate professor of mathematics and computer science from assistant professor.

At the May trustee meeting, the board re-elected Dr. Robert W. Baker Sr. and Lawrence Alleva '71 to five-year terms as board members.

The board also reelected chairman Herman E. Muller Jr. '51, vice-chairman David W. Sass '57 and secretary Nancy Pringle to one-year terms as board officers.

In May, the Fred L. Emerson Foundation of Auburn, N.Y. awarded a \$500,000 grant to Ithaca College to establish the

James J. Whalen Scholarship Fund.

This gift was to honor Whalen's 22-year tenure as president of the College.

The Emerson Foundation has historically been one of the largest institutional contributors in the College's history.

Carla Golden, associate professor of psychology at the College, was named a 1996-97 recipient of the Independent College Fund of New York Teaching Excellence Award.

Golden was one of 11 faculty members statewide who was recognized.

A new look at homesickness

By College Press Service

Homesickness can put a damper on the first few months of freshman year.

While some first-year students are out meeting new friends, cheering at football games and whooping it up at dorm parties, others are doing nothing—except thinking about home. Why do some students get homesick, and others not?

That's exactly what Nicole Scaramelli wanted to know. The 1997 Dartmouth College graduate spent her senior year researching a problem that experts say afflicts as many as 30 percent of first-year students.

"Homesickness is one of the

leading causes of people coming into the health center to see a counselor or doctor," said Scaramelli, a Dartmouth psychology major.

For the 12-month project, she studied Dartmouth students and dug up evidence to suggest that homesickness is mostly linked to a student's personality: people who are introverted or neurotic tend to be more likely to be homesick, according to her study.

Scaramelli says she delved into the topic even though she herself never experienced a bad bout of the homesick blues.

But during her freshman year, "one of my roommates had a difficult time adjusting and ended up leaving school," she said. "That

sensitized me to the issue."

Working with Dartmouth Professor William Morris, Scaramelli asked first-year students to fill out a questionnaire in the summer before starting Dartmouth, and then six weeks after arriving on campus. The questionnaire tested students' personality types.

Scaramelli says she thought the survey results would verify what she calls her "grieving" hypothesis, that "people who were happiest with their home life might have a greater sense of loss in a new situation, and would therefore be more likely to experience homesickness."

But that was not the case. "We were pretty surprised," she said.

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The **ITHACAN**

"The newspaper for the Ithaca College Community"

Computer labs offer options

By Philip von Platen
Ithacan Staff

Ithaca College is wired to the teeth and ready to take on all computers. Over the summer, the College's Academic Computing and Client Services (ACCS) completed the task of connecting every dorm room to the campus residence hall network, now known as ResNet.

Students who bring their own computers or intend to buy one can access library resources, printers, e-mail and the Internet directly from the comfort of their own rooms. ResNet will not tie up the telephone line, so there will not be a busy signal when you are on-line.

But students do not need to own a computer to get their work done. ACCS manages numerous labs with over 300 Windows and Macintosh work stations that are available to everyone. Here you can do the serious work of writing insightful papers, or you can pop in between classes and check your e-mail account. You can either save your work on a

diskette or open a Nova account. This account costs \$10 a semester, allows you to safely store your work and gives you access to laser printing, as opposed to the less polished dot-matrix printing.

The main computer lab is located in Friends Hall 110, and this place is often filled to the brim with frenzied e-mailers and bleary-eyed term paper crunchers. If you want avoid long lines, begin to explore other labs with less traffic. Several of the individual schools run their own labs as well.

If you want to get hooked up to ResNet, you will first need an Ethernet card in your computer. It may already be there, or ACCS will sell it to you for somewhere between \$60 and \$200, depending on the make and model of your computer. In addition, you'll need software and cables, which cost another \$22 to \$44.

That's the end of extra charges, you should be set for the remainder of your time here.

Later this fall ACCS hopes to offer an ISP connection to students. For a monthly charge this

Locations and Hours

The following schedule takes effect beginning Tuesday September 2.

ACCS OFFICE
Muller Center 102
(274-3030)
Monday through Friday-8 a.m. to 5 p.m.

FRIENDS 110
Parts of the lab are open 24 hours a day

WILLIAMS 210
Monday through Thursday - 8 a.m. to 11 p.m.
Friday - 8 a.m. to 5 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.

WILLIAMS 203
(Mac only)
Monday - 8 a.m. to 11 p.m.
Tuesday and Thursday - 10:50 a.m. to 11 p.m.
Wednesday - 9 a.m. to 11 p.m.
Friday - 9 a.m. to 5 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.

WILLIAMS 303
(Windows 95 only)
Monday through Thursday - 5:25 p.m. to 11 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.
Friday closed

WILLIAMS 313
(Mac only)
Monday through Thursday - 5:25 p.m. to 11 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.
Friday closed

WILLIAMS 314
(Mac only)
Monday through Thursday - 5:25 p.m. to 11 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.
Friday closed

WILLIAMS 319
(Windows 95 only)
Monday and Wednesday - 6:50 p.m. to 11 p.m.
Tuesday and Thursday - 5:25 p.m. to 11 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.

Friday closed

WILLIAMS 320
(Mac only)
Monday through Thursday - 5:25 p.m. to 11 p.m.
Saturday - Noon to 5 p.m.
Sunday - Noon to 11 p.m.
Friday closed

SMIDDY 113
(Windows 95 only)
Monday and Wednesday - 10 a.m. to 11 p.m.
Tuesday and Thursday - 10:50 a.m. to 11 p.m.
Friday - 10 a.m. to 5 p.m.
Saturday closed
Sunday - 5 p.m. to 11 p.m.

HILL 54
(Windows 95 and 3.1)
Monday and Wednesday - 2 p.m. to 8 p.m.
Tuesday and Thursday - 4 p.m. to 8:15 p.m.
Sunday - 5 p.m. to 11 p.m.
Friday and Saturday closed

WEST TOWER
Open 24 hours a day

service will give students access to the campus network and the Internet through a modem working on the phone lines. The connection will be slower than

ResNet, but it promises to be a good option for off-campus students and those who do not wish to invest in an Ethernet card.

Make your way to the ACCS

office in the Muller Center, Room 102; they'll take your application, set you up in a couple of days and help you when one of those inevitable meltdowns occur.

News students can use

By College Press Service

Campus News across the Nation
■ Attorney General Janet Reno launched a national effort in August to warn college students about the dangers of "date-rape" drugs—dangerous substances used by sexual predators to knock victims out before attacking them.

Reno appeared at the Rape Treatment Center at Santa Monica-UCLA Medical Center to kick off a campaign to distribute posters, flyers and bookmarks to college campuses. The material provides information on two illegal drugs, Rohypnol and GHB, that have been linked to an increasing number of rapes.

In many cases, the odorless, nearly tasteless drugs are slipped into a victim's drink, causing them to pass out and have little memory of the crime or the attacker's identity.

"It's time for everyone to wake up to the threat," Reno said.

Rohypnol, also known as

"roofies," is 10 times stronger than Valium and can cause memory loss, muscle relaxation and rapid sleep onset. GHB, also known as Grievous Bodily Harm or Liquid X, can cause vomiting, dizziness, tremors and seizures.

The drugs often are used by some college students to get a quick high from alcohol and marijuana.

"That is why the educational campaign we are announcing today is so very, very, very important," the attorney general said. "When mixed with alcohol, these drugs can be as lethal as a gun or a knife."

■ As a whole, Americans seem to be getting fatter. But french fries, Big Macs and others fast foods may not be too blame, says a Purdue University researcher.

Instead, James Binkley, associate professor of agricultural economics at Purdue University, blames the widespread rise in obesity on the coach potato syndrome—not fast food.

His comparison of data on

fast-food consumption and rising obesity shows there doesn't seem to be much of a link—at least when it comes to large populations.

Binkley found states that have a lot of fast-food sales aren't the states that the Centers for Disease Control say have weight problems.

"One conclusion that I would derive from this data is that changing exercise habits could be more to blame than diet," Binkley says. "It may be couch potatoes, not french fries, that are the heart of the problem."

Few will argue that overall, Americans are getting fatter. Between 1960 and 1991, the number of adults who were overweight increased from 25 percent to 33 percent, according to the U.S. government's 1995 "Third Report on Nutrition Monitoring in the United States, Volume I."

Many nutritionists assumed fast food led to obesity, Binkley says, but studies show laziness contributes more to the problem.

Library hours

By Ithacan Staff

Whether you are doing research or need a quiet place to study, the Gannett Center is readily available.

Last year the library added 10,000 volumes ranging from music scores to health-related items, said Margaret Johnson, library director. The library has also expanded its availability of its Psych Abstract. Students can now have access to the database from computer labs and dorms rooms, she said.

Johnson said the library is also in the process of adding a new database called H-line which contains periodicals on aging issues.

Johnson added H-line will be available in mid-September. Psychology, Sociology and Gerontology Institute students will benefit the most from the database, she said.

Students should also be

Read a book

Beginning August 27, the library will be operating on the following schedule:

Monday-Thursday
8:30 a.m.—12:00 p.m.
Friday
8:30 a.m.—10 p.m.
Saturday
10 a.m.—10 p.m.
Sunday
12 p.m.—12 a.m.

aware they will be charged \$1 for each day books are overdue. Materials on reserve may only be kept for two hours. Students will be charged \$5 for every hour over the two. "The reason we have fines is because students don't return the books on time. It is an ongoing problem," Johnson said.

You are invited to join Ithaca College Television

Come to the recruitment event:
Wednesday
August 27
7:00 p.m.
Emerson Suites
in the Campus Center

Opportunities available in news, sports, public affairs, entertainment, and children's programming! All IC students, regardless of major welcome.



Welcome to Ithaca College!
We're looking forward to
meeting you at any or all of
our gatherings



The Protestant Community
at Ithaca College

Sunday Worship - 11:30 a.m. - Muller Chapel
Chapel Interfaith Open House & Barbeque
- Sunday, Aug. 31, 4-6 p.m.

T.E.A.M. Challenge - at the Nature Center, Labor Day (leave at 12:15 p.m.) Reserve your space by calling 274-3103
And MUCH more to come!

call 274-3185 for more information or drop by the office in the Chapel basement

New obsession surfaces online

Internet addiction becoming more common among students

By College Press Service

Diane Kerwin, a University of Chicago sophomore, used to spend 40 hours a week on the Internet, surfing or "chatting" with friends.

But the Net began to interfere with her normal life, so now, she says, she's cut back.

To 35 hours.

"My boyfriend dumped me because I spent too much time online, but he was a loser anyway," Kerwin, 22, said.

"It hurt a lot, so I cut down," she added.

Kerwin admits she is not like other college students who dial up the Net to research a paper, check football scores or read a horoscope.

Like an increasing number of computer users, she spends hours prowling the Internet and compulsively checking her electronic mail.

"It's like an addiction for me, like booze or drugs for other people," she said.

In fact, the obsession some college students have for the Net can spark mood swings, tear apart personal lives and disrupt studies, similar to drug and alcohol abuse, according to several psychologists.

In a study of 277 college students, three out of four said their use of the Internet upset various activities of daily life.

As a group, college students—who at many campuses have free access to the Net—are considered to be at high risk for Internet abuse, according to Janet Morahan-Martin, a Bryant College psychology professor who conducted the study on Internet use.

Students were considered "pathological addictive" if they admitted to four or more symptoms indicating abuse.

"Compared to others, pathological users scored significantly higher [on a loneliness scale], were more likely to go online to relax, talk to others with similar interests, meet new people and for support," she said.

She also found that many Net

addicts report it's easier for them to open up and meet people online.

Edwin Colon, 21, a University of Chicago junior, admits that's why he enjoys chatting on the Net.

He spends about 40 hours a week online.

"I express myself better online," he said. "I feel like the constraints of the keys allows me more freedom."

"I can talk to my friends in my underwear, and not be embarrassed," he added.

But too much time spent on the Net can lessen the attention given to studies.

Kimberly S. Young, a University of Pittsburgh psychologist, says some college students spend so much time on the Internet that they flunk out of college.

Such obsessive behavior should be viewed by the mental health community as seriously as alcohol or drug use, says Young, who conducted a three-year study on Net addiction.

Obsessive Internet users, or "dependents," stay online for hours each day and often create new personalities for themselves in chat rooms, she said.

Over the course of her study, she identified 396 "dependents" and found that 42 percent were unemployed college students or homemakers.

The "dependents" said they enjoy fantasy games similar to Dungeons and Dragons, where they can interact with people like themselves.

They spend an average of 38 hours online each week, compared to eight hours a week reported by avid, but not addicted, computer users.

"When asked about the main attractions of using these direct dialogue features," said Young, "Eighty-six percent of dependents reported anonymity, 63 percent accessibility, 58 security, and 37 percent ease of use."

Other users report that they like to "transform" themselves and take on a new identity when they're in a chat room.

LISTS AND LINES



The Ithacan/Suzie O'Rourke
Mary Walters '98 and Kelly Stratton '98 look at the book list posted outside the bookstore. Students will face many lines over the next few days, including long lines at the bookstore.

Students can choose from dining options

By Philip von Platen
Ithacan Staff

Suddenly you have to live with perfect strangers, stand in lines that seem to have no end, and are approaching information overload. Where does one seek comfort in these anxiety-inducing first days?

There is one activity that never seems to fail: eating. But once you've decided to do just that, you're faced with another set of decisions to make. What do I want to eat, and where should I go to get it?

Ithaca College has three main dining halls, Egbert Union, Terrace and Towers, each serving its own specialties in addition to the regular menu.

The Egbert Union dining hall in the Campus Center takes the brunt of the lunch rush when classes are in session. Chef Manager Don Nilson said 12:05 p.m. to 1:10 p.m. is the crunch time here. He said students should arm themselves with patience, as it takes time to turn over the 420 seats three times

during the lunch period.

Nilson suggested eating at 1 p.m. when the frenzy dies down, or taking a walk to one of the other dining halls where there are many available seats.

The Terrace Dining Hall offers a great view of the lake, Asian stir-fries, a pasta bar and a Kosher food section.

This fall, Dining Services plans to enhance the stir-fry section and, to keep up with latest trends, introduce a tortilla wrap menu, said Director Howard McCullough.

The Towers Dining Hall prides itself with the largest salad bar on campus and it is the place to go if you want your eggs made to order.

"In the Bag" gives the option of buying a quick lunch to take out. It's included in the meal plan and only available at the Towers.

Close by in the Towers Concourse you'll find a Subway restaurant and BJ's General Store, which sells snacks and beverages.

But it doesn't end there. Another popular spot for lunch is the Snack Bar Food Court in the

Campus Center. Here students can gorge on pizza, salads, burgers, sandwiches or the day's hot entree.

The French Quarter Coffee Company sells fresh coffee, bagels and pastries. If that's not sweet enough, there's always the Ice Cream and Candy Shop across from the information desk.

If you are wondering how much fat and cholesterol you are putting into your mouth, you can access the nutritional breakdown of all the food at the video kiosks in Egbert and Terrace dining halls. These computers can also give you the current balance on your ID Express account.

All resident students are signed up for a meal plan that offers 20, 14 or 10 meals per week. It is a good idea to use these first weeks to assess if your plan is right for you. If you want to change your plan, let the ID office know by Sept. 10.

Also remember that Bonus Dollars can only be used to purchase food, whereas the ID Express money can purchase food and merchandise.

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The Plantation
Harold's Army-Navy
Night and Day
House of Shalimar
ZuZu's
Sounds Fine
People's Pottery
Trader K's
The Salvation Army
T-Shirt Express
Homespun Boutique
Mundo Gitano

CENTER ITHACA
Bead Store Café
Shalimar Bazaar
15 Steps
Dollar Depot

COLLEGETOWN
Discount Records
Rebop Records and Tapes
a la mode
The Flower Basket
Savvy Vintage

MALLS
Pyramid Mall
Trophammer Mall
Dewitt Mall

By Stacey Walbourn
Copy Desk Editor

The town of Ithaca offers a vast array of stores for students who never tire of shopping. If you have a fetish for vintage clothing, collect jewelry, or want to furnish your dorm room, the Ithaca Commons and Collegetown are the places to shop.

Clothing

Retro Vintage Clothing and ZuZu's, located on the Commons, and Savvy Vintage Clothing, in Collegetown, specialize in clothing and accessories from the 1970s and earlier. While Retro has a extensive selection of clothing, ZuZu's and Savvy have an even wider selection of shoes, hats, ties, scarves and accessories. If you're looking to complete an outfit, ZuZu's and Savvy should have what you're looking for.

If it's discount clothing you seek, Harold's Army-Navy store and Trader K's, located on the Commons, and the Salvation Army in several locations throughout, are great places to shop.

Looking for a cute T-shirt to send to mom and dad? Then T-Shirt Express would be your next stop. Located on the Commons, this store has a huge selection of shirts, patches and hats, and other Ithaca mementos.

Novelty

If you're interested in jewelry, tapestries, candles and home accessories, there are endless possibilities in Ithaca.

Night and Day, located on the Commons, has a wide selection of merchandise. Stacey Gregg '98, retail salesperson, said the diversity of the store is what makes it so popular among college students. Night and Day is well-known for its assortment of imported products and locally handcrafted merchandise.

Jewelry and knick-knack lovers will especially like Night and Day, the Tibet Store, 3-D Light, Mundo Gitano, Shalimar Bazaar, People's Pottery and House of Shalimar, all located on the Commons. These stores sell items such as tapestries, picture frames, candles, incense, clothing, home decor and new age merchandise.

Katie Spallone, buyer for House of Shalimar, said they sell almost everything students would want to purchase. They offer a wide selection with reasonable prices and have been catering to students for 25 years, she said. Spallone said during that time Shalimar has discovered what students want to buy, and she is especially excited about this fall's eclectic selection.

For those creative and crafty students who make their own clothing and jewelry, Night and Day, the Bead Store Café and the Homespun Boutique, all located on the Commons, are the places to stock up on beads and fabric, and also patterns and tapestries.

For students looking for posters, The Emporium, located on the Commons, and a la mode,

a poster shop in Collegetown, have a wide variety of new and classical posters and also new movie posters. Both offer a great selection with reasonable prices.

And for those students looking to save a few bucks, don't forget about Woolworth's and Discount Dollar Depot. Because the store is closing, Woolworth's is offering 20 to 50 percent sales on all merchandise. The Dollar Depot is also a great place to find inexpensive dishes, picture frames, school supplies, food and cleaning products and other trinkets.

Music

For the music lovers in Ithaca, Sounds Fine, located on the Commons, Discount Records and Rebop Records and Tapes, both located in Collegetown, are the places students can groove to. All three stores offer a wide variety of inventory at low prices.

John Mastroberti, an assistant at Rebop, said he thinks the store is unique because the workers have a fairly advanced knowledge of music. Owner Bob Kaputkin has knowledge of esoteric releases,

he said. They sell new and used CDs, LPs and books, and also take special orders. Mastroberti said Rebop carries many independent labels and offers a wide selection.

Plants

Whether you're looking to fill your room with plants or want to buy flowers for friends, The Plantation, located on the Commons, and The Flower Basket, in Collegetown, can fill all your plant needs.



The Ithacan/Kelly Burdick
Both the Commons (shown here) and Collegetown in Ithaca are great places to

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Courtside
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277-0200
Pine Tree Road, across
from East Hill Plaza

THE ITHACAN'S VIEW

Williams to grow with class of 2001

As the Class of 2001 familiarizes itself with Ithaca College, so will another member of the College community. While incoming students have been attending orientation, President Peggy Williams is also learning the ins and outs of Ithaca College.

Throughout the summer, President Williams has been meeting various members of the Ithaca College community to learn more about the school. This contact has not been limited to other administrators—she has also spoken to bookstore employees, professors, orientation leaders and resident assistants.

We hope that President Williams continues this contact as the College grows. It is only through such direct contact that she can gain a balanced view of the needs of the community.

Despite attendance at many sporting events and token appearances at academic and extra-curricular functions, former president James J. Whalen was not known as a president in touch with the College. Many thought his view of the College was through the eyes of other administrators and the Board of Trustees. His one-on-one contact with students, staff and faculty was limited, if, in fact, it existed. President Williams seems to believe that this tradition will not continue at Ithaca College.

It is *The Ithacan's* hope that this is just one of the ways in which President Williams will show her independence.



Balancing act

Students should get involved, have fun

Traditionally, college is a time when one revels in newfound independence. The new lifestyle involves limited parental involvement and limitless opportunities (including both on-campus organizations and keg parties).

Typically, students adopt one of two roles: the "Animal House" partier or the overachiever (student government president, newspaper editor, yearbook editor and community service whatever). It is up to students to decide what they'd like to do with their time at Ithaca College.

While students may not want to take on the "Animal House" personality, being too busy to enjoy college is certainly not the goal either. Students should find a balance between having fun and becoming an active part of the college community. Here are some hints:

- Join one or two organizations that are both fun and beneficial to your future
- Give 100 percent to whichever club you join.
- Plan time to have fun. During this time make a point of not thinking about Monday's big exam or the 20 page paper due next week.
- Develop a schedule and stick with it. Plan study time as well as fun time.

Although class time is certainly valuable, what you do with your time out of class is also very important. This is where you will get much of your hands-on experience. Those who are able to juggle this delicate act will succeed.

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The **ITHACAN**
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THE ITHACAN

The Newspaper for the Ithaca College Community

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Letters to the editor are due by 5 p.m. the Monday before publication, and should include name, phone number, major and year of graduation.

Letters must be less than 400 words and typewritten. The Ithacan reserves the right to edit letters for length, clarity and taste.

Opinions expressed on these pages do not necessarily reflect those of faculty, staff and administration. "The Ithacan's View" represents the majority opinion of the executive staff.

A single copy of The Ithacan is available from an authorized distribution point, to any individual within Tompkins County. Multiple copies and mail subscriptions are available from The Ithacan office. Please call 607-274-3207 for rates.

All Ithaca College students, regardless of major, are invited to join The Ithacan staff. Interested students should contact an editor or manager listed to the left, or visit The Ithacan office in Park Hall 269.

Mailing address: 269 Park Hall, Ithaca College, Ithaca, N.Y. 14850-7258 Telephone: 607-274-3207 Fax: 607-274-1565
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ITHACAN INQUIRER

What are your expectations for your time at Ithaca?
(As asked of first year students)

"A good foundation
for graduate work
and to meet people I
will spend the rest of
my life with."

Meredith Shottes
Theatre Arts '01

"A lot of hard work
and more personal
attention in classes.
Also better grades."

Quiana Smith
Musical Theatre '99

"To begin to figure
out what to do with
my life. To have a
great time and work
a little."

Jennifer Nannes
Speech Communications
'01

"To meet people, get
a good education
and to get involved."

Tammy Brosius
Television/Radio '99

"Become more
important and to get
things done when
they need to be
done."

Liz Castelberg
Physical Therapy '01

Photos by Kelly Burdick

Assistant Layout Editor Needed

The Ithacan is now accepting applications for an Assistant
Layout Editor for the fall 1997 semester. For more information
and an application, call 274-3207

The **ITHACAN**

"The newspaper for the Ithaca College Community"

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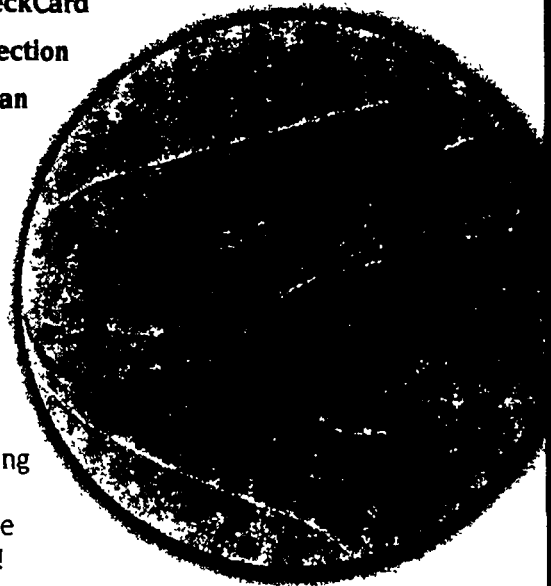
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The **ITHACAN**

"The newspaper for the Ithaca College Community"

Ever wonder what the real difference is between the local markets? Join us on our...

Supermarket SWEEP

By Bryan Chambala
Accent Editor

Sometimes they stand together sweating, frozen by shaking fits and bloodshot paranoia.

Sometimes they come in packs, driven by violent and desperate fear. And sometimes they come to face the demons alone.

Lists, coupons and carts equipped with calculators cannot help them. Most expire somewhere in aisle four, hopelessly reaching for a box of HoHo's.

It takes a determined person to survive a trip to the grocery store in a town where Wegman's and Tops virtually share parking lots and where college professors wear dark glasses at the P&C to hide from ravenous mobs of former students seeking vengeance.

Ignoring the smaller vendors, organic stores and roadside stands here is a comparison of full-scale corporate grocery shopping options in Ithaca... "the Big Three."

Tops

Tops is fairly standard supermarket fare, where iridescent lamps give the flesh an eerie glow and store-brand cola is always on sale. Located at 614 South Meadow, sandwiched between Wegman's and Eckerd's, Tops offers the most competitive prices of the three, despite a confusing store layout that finds the beer and soda in separate places, and the bread near the frozen goods.

Tops was 20 cents cheaper than Wegman's on Ben and Jerry's Cool Britannia, 11 cents cheaper on Oreo cookies, and 31 cents cheaper on store-brand white bread.

Clairol Herbal Essence shampoo at Tops is \$2.88 for 12 oz, \$3.39 at Wegman's and \$3.89 at P&C.

But enough about the evil green, what about quality? Tops has really good bread, and their blueberries were big and didn't taste too bad for a grocery store crop.

Wegman's

Wegman's, Wegman's, Wegman's. Everybody knows about Wegman's.

They have special "Shopper's Club Cards" for regular customers, they have WPop, and they have Danny Wegman's signature on their soda bottles.

Wegman's undoubtedly has the best looking store of the three. The layout is convenient, the lights are reasonably soft and the produce section is the best of the group.

But Wegman's prices on the basic items selected here were not always the best. They did beat Tops and P&C on 2% lowfat milk, but it was on sale. And they also beat Tops on Lucky Charms, but once again, they were on special. Bargains like these at Wegman's are only good with a Shopper's Club card.

Despite losing our little pricing war, Wegman's does make a mean loaf of Pani Italian bread, and Danny Wegman's signature soda bottles sure look nice at the dinner table.

P&C

P&C may be a bit out of the way for transportation-disadvantaged Ithaca students, as none of their stores are near campus. Their most popular store is probably the one located on North Triphammer Road, across from the Pyramid Mall, but may not be worth the trip.

Only at P&C will a shopper find the condoms in the checkout aisle, not in the pharmaceutical goods section where they may be purchased discreetly. How easy is it to pick through a rack of Trojans with everyone in line staring and Leann Rimes on the radio?

P&C was more expensive than Wegman's and Tops in virtually every category except store-brand cola where they had a special on 2-liter bottles for 69 cents.

P&C was also the only store where the Gillette Sensor Women's razor was priced 30 cents higher than the men's version of the same razor.

The long drive home

Grocery shopping in any town can be a confusing, annoying experience. But it goes beyond money. It's about finding an acceptable place to shop, where the food is decent and people don't overload at the express aisles. And it's really about quality, which is a decision you have to make on your own. But don't say we didn't try to help.



COMPARE AND SAVE

Item	Wegmans	Tops	P&C
2% lowfat milk	\$.88*	\$1.12	\$1.20
condoms (Trojan, ribbed, lubricated, 12 pk.)	\$6.89	\$6.88	\$7.99
Lucky Charms, 14 oz.	2 for \$5*	\$3.28	2 for \$5*
Ben and Jerry's Cool Britannia	\$3.19	\$2.99	\$3.19
Store brand loaf of white bread	\$1.19	\$.88	\$.89
One pint of blueberries	2 for \$4*	\$1.99	\$1.99
2-Liter store brand cola	\$.89*	4 for \$3	\$.69*
Gillette Sensor Razor, 1 blade, 2 refills			
Men's	\$4.79	\$4.58	\$4.69
Women's	\$4.79	\$4.58	\$4.99
Clairol Herbal Essence Shampoo 12 oz.	\$3.39	\$2.88	\$3.89
Tide with bleach alternative 50 oz.	\$3.67	\$3.68	\$3.68

*-on sale

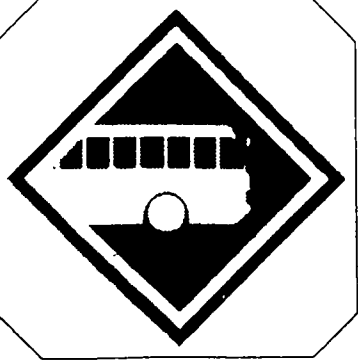
Accent On...



Jenni Graham
Theater Arts '01

- **Accomplishment I am most proud of:** Lead in the senior musical "Peter Pan"
- **What I would be doing if I wasn't at IC:** Going to Susquehanna University
- **What I'd like to get around to doing:** Being in an opera at Ithaca
- **Things I can do without:** Country music
- **Person I'd most like to have dinner with:** Sarah McLachlan
- **Who would play me in a movie:** Jennifer Aniston
- **Ithaca's best kept secret:** I don't know yet
- **My biggest pet peeve about Ithaca:** The stairs
- **TV show I wouldn't miss:** I don't watch TV much
- **People might be surprised to know that I:** Am from Atlanta, Georgia

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the ICTV 54
programming
schedule



Your guide to getting on the bus

60 cents cash fare
Tokens 4/\$2
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Route 1 (Red)

Ithaca Bus Terminal/Eastbound	5:55 a.m.
State at Cayuga St.	5:59
Green St. Shelter	6:00
Ithaca and Dryden Road	6:05
Collegetown/Wendy's	6:07
Statler Hall	6:10
Balch Hall	6:12
Hasbrouck Apartments	6:18
Robert Purcell Union	6:20
Risley Hall	6:22
Sage Hall	6:25
Collegetown/PAC	6:27
Seneca at Tioga St.	6:30
Cayuga at State St.	6:31
Ithaca Bus Terminal/Westbound	6:45
Hector and Warren Place	6:50
Sunrise and Chestnut St.	6:53
Ithaca Bus Terminal/Eastbound	6:55

Monday through Saturday
5:55 a.m.—6:55 p.m.

Route 2 (Blue)

Green St. Shelter	6:19 a.m.
Stewart and University Ave.	6:22
Balch Hall	6:25
Robert Purcell Union	6:27
Risley Hall	6:29
Sage Hall	6:31
Collegetown/PAC	6:35
Ithaca and Dryden Road	6:37
College and Mitchell St.	6:40
Seneca at Tioga St.	6:43
Cayuga at State St.	6:47
Green St. Shelter	6:48
Aurora at State St.	6:50
Textor Hall-Arrives	6:55
Leaves	7:05
The Towers	7:08
Danby Road	7:12
State and Geneva St. (Eastbound)	7:17

Monday through Saturday
6:19 a.m.—7:17 p.m.
No 6:19 a.m. trip on Saturdays

Route 2A (Blue)

State and Geneva St. (Eastbound)	7:17 p.m.
Green St. Shelter	7:19
Collegetown/Wendy's	7:24
Statler	7:27
Balch Hall	7:30
Robert Purcell Union	7:32
Risley Hall	7:34
Sage Hall	7:36
Collegetown/PAC	7:40
Ithaca and Dryden Road	7:42
College and Mitchell St.	7:43
Seneca and Tioga St.	7:45
Cayuga and State St.	7:47
Green St. Shelter	7:48
Aurora and State St.	7:50
Textor Hall-Arrives	7:55
Leaves	8:05
The Towers	8:08
Danby Road	8:12
State and Geneva St. (Eastbound)	8:17

Monday through Saturday
7:17 p.m.—8:47 p.m. and 9:47 p.m.—1:47 a.m.
Route ends at 1:45 a.m. at Seneca at Tioga St.
NOTE: There is no 2A service from 8:47-9:47 p.m.

Route 3 (Orange)

*Cayuga and State St.	7:23 a.m.
Ithaca Bus Terminal/Westbound	7:28
Hook and Chestnut St.	7:31
Elm and Haller Blvd.	7:34
West Village	7:35
Alternative Community School	7:36
Chestnut Hills Apartments	7:38
Ithaca Bus Terminal/Eastbound	7:41
State and Cayuga St.	7:44
Green St. Shelter	7:45
Collegetown/Wendy's	7:50
Statler	7:55
Balch Hall	7:58
Upland and Triphammer	8:01
Thurston and Highland Road	8:04
Risley Hall	8:06

Sage Hall	8:08
Collegetown/PAC	8:10
Seneca at Tioga St.	8:13
Cayuga at State St.	8:17
Ithaca Bus Terminal/Westbound	8:28

Monday through Saturday
7:23 a.m.—7:28 p.m.
*=starting point for first trip only

Route 4 (Brown)

Seneca at Tioga St. (Northbound)	6:24 a.m.
Tioga at Lincoln St.	6:27
Ithaca High School	6:29
Stewart Park	6:32
Hancock Housing	6:34
Beverly J. Martin School	6:39
Cayuga at State St. (Southbound)	6:42
Titus Towers	6:49
K-Mart	6:54
Buttermilk Falls-Arrives	7:00
Leaves	7:05
Tops Market	7:12
Titus Towers	7:15
Clinton West Plaza	7:18
Green St. Shelter	7:22
Seneca at Tioga St. (Northbound)	7:24

Monday through Saturday
6:24 a.m.—7:24 p.m.

Route 5 (Green)

Lincoln at Tioga Street*	7:25 a.m.
Green Street Shelter	7:30
Collegetown Wendy's	7:35
Cornell at Mitchell St.	7:38
Maplewood Park (Mitchell St.)	7:39
Judd Falls Plaza	7:40
East Hill Plaza	7:42
Vet School	7:45
Kennedy Hall	7:48
Barton Hall	7:49
Boyce-Thompson	7:54
Ellis Hollow Plaza	7:56
Judd Falls Plaza	7:58
Maplewood Park	7:59
Mitchell at Cornell St.	8:00
Collegetown/PAC	8:03
Seneca at Tioga St.	8:08
Cayuga at State St.	8:10
State and Meadow St.	8:12
Nates Estates-Arrives	8:15
Leaves	8:23
State and Meadow St.	8:26
Cayuga at State St.	8:29
Green Street Shelter (Eastbound)	8:30

Monday through Saturday
7:25 a.m.-7:15 p.m.
*=Starting point for first trip only

Route 6 (Purple)

Seneca at Tioga St.	6:40 a.m.
Cayuga at State St. (to hospital)	6:42
Ithaca Bus Terminal West	6:45
Lakeside	6:50
Hospital-Arrives	6:55
Leaves	7:05
Professional Building	7:09
Ithaca Bus Terminal East	7:15
Cayuga Street Shelter	7:19
traveling to Ithaca College	
Aurora at State St.	7:20
Textor Hall	7:27
The Towers	7:30
Seneca at Tioga St.	7:40

Monday through Saturday
6:40 a.m.-6:40 p.m.

Route 7 Special
Ithaca Bus Terminal West
7:05, 8:05, 9:05, 10:05 a.m.
2:05, 3:05, 4:05, 5:05 p.m.

Coy Glen and Glenside Road
7:10, 8:10, 9:10, 10:10 a.m.
2:10, 3:10, 4:10, 5:10 p.m.

Towerview Apartments
7:15, 8:15, 9:15, 10:15 a.m.
2:15, 3:15, 4:15, 5:15 p.m.

Ithaca Bus Terminal East
7:20, 8:20, 9:20, 10:20 a.m.
2:20, 3:20, 4:20, 5:20 p.m.



Green Street Shelter
7:25, 8:25, 9:25, 10:30 a.m.
3:25, 4:25 p.m.

Collegetown Wendy's
7:30, 8:30, 9:30 a.m.
2:30, 3:30, 4:30 p.m.

Statler Hall
7:33, 8:33, 9:33 a.m.
2:33, 3:33, 4:33 p.m.

Balch Hall
7:36, 8:36, 9:36 a.m.
2:36, 3:36, 4:36 p.m.

Jessup Road
7:39, 8:39, 9:39 a.m.
2:39, 3:39, 4:39 p.m.

Risley Hall
7:42, 8:42, 9:42 a.m.
2:42, 3:42, 4:42 p.m.

Sage Hall
7:45, 8:45, 9:45 a.m.
2:45, 3:45, 4:45 p.m.

Collegetown PAC
7:48, 8:48, 9:48 a.m.
2:48, 3:38, 4:48 p.m.
Seneca at Tioga St.
7:53, 8:53, 9:53 a.m.
1:53, 2:53, 3:53, 4:53 p.m.

Cayuga at State St.
7:55, 8:55, 9:55 a.m.
1:55, 2:55, 3:55, 4:55 p.m.

Ithaca Bus Terminal West
8, 9, 10 a.m.
2, 3, 4, 5 p.m.

Monday through Friday only

Route 8 Special

Lincoln at Tioga Street*	7:35 a.m.
Green Street Shelter	7:45, 8:45, 9:15, 9:45
Collegetown Wendy's	7:50, 8:50, 9:20, 9:50
Statler Hall	7:53, 8:53, 9:23, 9:53
Balch Hall	7:56, 8:56, 9:26, 9:56
Jessup Road	7:59, 8:59, 9:29, 9:59
Sage Hall	8:03, 9:03, 9:33, 10:03
Collegetown PAC	8:06, 9:06, 9:36, 10:06
Seneca at Tioga Street	8:10, 9:10, 9:40, 10:10
Cayuga at State Street	8:13, 9:13, 9:43
Ithaca Bus Terminal West	8:16
Hospital	8:25
DSS-Biggs Building	8:27
Ithaca Bus Terminal East	8:40
Green Street Shelter	8:45

7:35 a.m.-10:10 a.m.
Monday through Friday only
*=Starting point first trip only

Route 10 Cornell-Downtown Shuttle
Every ten minutes at stops listed below

Seneca at Tioga
Buffalo at Aurora
Stewart (past Williams)
Cornell West Campus
Sibley Hall
Goldwin Smith Hall
Day Hall
Sage Hall
Annabel Taylor Hall
Cornell Performing Arts Center

25 cents cash fare
10 a.m. to 2 p.m. Monday through Friday

Clubs provide opportunities for active students

By Ithacan Staff

The school year has started and many students are looking for things to do. Here are just a few organizations students can join. Many of these clubs will have their first meetings some time in September.

This is not a complete listing of all the activities and clubs available on the Ithaca College campus. To seek more information on these clubs or to learn about others, call the Student Activities Center at 274-3374.

African-Latino Society

Promotes the political, social and economic welfare of people of color at Ithaca College.

Alcohol Peer Educators

Builds an awareness about alcohol-related issues and challenges current attitudes regarding alcohol which may exist on campus.

Amani Gospel Singers

Unites students from a variety of backgrounds and cultures and provides a spiritual outlet.

Amnesty International

Increases awareness of human rights violations and encourages involvement in the fight for human rights.

Animal Rights Education Action League

Educates students on issues regarding animal rights and unites

those with a shared interest in vegetarian diets, buying cruelty-free products and other activities which encourage the humane treatment of animals.

Bureau of Concerts

Provides students with a variety of quality music and teaches participants the skills of concert production and promotion.

The Cayugan

Trains students in the various aspects of publishing and developing a yearbook.

College Republicans

Increases political awareness and action.

Community Service Network

Provides an outlet for students who wish to serve the community.

Cultural Diversity Players

Educates people on diversity issues, including issues involving race, religion and sexual orientation.

Dayspring

Teaches and studies the life of Jesus Christ, as well as encourages prayer on campus.

Drum Circle

Provides a musical outlet for students interested in drumming and improving their skills.

Friends of Israel

Unites students with an interest in Israeli issues and provides a

cultural function.

Habitat for Humanity

Works to help the Ithaca Community realize the need for housing.

Hillel

Unites Jewish students at Ithaca College and provides social, educational and religious growth.

Ithaca College Cheerleaders

A new squad which plans to cheer for different Ithaca College athletic teams.

Ithaca College Dance Team

Performs at athletic events and dance competitions.

Ithaca College Democrats

Creates a democratic outreach for students and supports democratic candidates.

Ithaca College Environmental Society

Educates the student body and allows students to voice their concerns regarding environmental issues.

Ithaca College Men's Choir

Student-conducted all-male a capella choir which performs on campus and throughout Ithaca all year.

Ithaca College Men's Circle

Discusses the issues affecting men's place in society, ends violence and provides support for

men in a nonsexist, non-competitive atmosphere

Ithaca College Ski Team

Provides recreational and competitive skiing opportunities for students of varied ability

Ithaca College Television

Provides students with production experience.

Ithaca College Ultimate Frisbee

Provides enjoyment while developing skills and team spirit

Muller Chapel Theatre Group

Produces theatrical productions with a religious or cultural theme in which non-theatre majors can participate.

The Prevention Network

Educates students on issues regarding sexual disease prevention and sexual decision making.

Residence Hall Association

Represents students living in residence halls and provides an outlet for students to express their concerns about the residence halls.

Sexuality and Gender Educators

Educated the Ithaca College community on issues involving sexuality and gender.

Society of Professional Journalists

Local chapter of national journalism society, devoted to fur-

thering the place of journalism in society as a whole

Student Government Organization

Represents the student body and increases communication between administration and students.

Sisters and Brothers United Step Team

Promotes unity among students of different cultures on the Ithaca College campus and produces a team that will compete against similar organizations in other schools

Student Activities Board

Creates quality entertainment for the Ithaca College community.

Students Against Violence Against Women

Makes students aware of the issues revolving around violence against women

Women's Issues, Self-Help, Education and Support

Works with issues about women involving health, body image and food habits through workshops and a support group.

Students may also join a hall council. Hall councils are broken down by Residence Halls and work to promote a sense of community among residents.

Contact the residence director for more details.

Let us ask you
a few hundred
questions
Before they do.



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1-800-KAP-TEST

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Do Your Thing!



PLAY THE FIELD

THE FOOD COURT located in the Campus Center offers a wide variety of different dining options. The Food Court accepts cash, ID Express and Bonus Dollars only.

Field Line Up:

Al Fresco's Pizza

Al Fresco's serves the best in traditional, boardwalk-style pizza.

Market Square

You'll find gourmet salads, soups and freshly baked breads. Market Square represents the freshest vegetables and signature salads anywhere!

French Quarter Coffee Company/College Pub

French Quarter offers a coffee bar experience with the spirit and flavor of New Orleans. Enjoy bold, rich gourmet coffees, cappuccino, espresso, hot chocolates, and more.

At the Pub alcoholic beverages, nonalcoholic beverages, and snacks are served. The New York State Beverage Control Board law requires written proof of 21 years of age and a picture ID to enter the Pub.

Sara Lee Deli

You'll find an assortment of meats such as Bavarian baked honey ham, roast turkey, Angus beef, roast chicken and breads and salads.

The Grill

Popular grill and entrée selections such as burgers, chicken, hot dogs, fish, and nachos are served.

THE BOARD GAME

Ithaca College Dining Services offers three dining halls—the Terrace, Towers, and Egbert Union. Each Dining Hall has its own special selections in addition to the regular menu. Terrace Dining Hall offers Asian stir-fry, and pasta bar. Towers Dining Hall has the largest salad bar on campus along with eggs made to order, and the Good Natured Cafe. Egbert Union Dining Hall has eggs and grilled cheese sandwiches prepared to order, hot dogs, hamburgers, and chicken sandwiches off the grill.

Resident students must choose a board plan that offers 20, 14, or 10 meals per week. Only nonresident students have the additional option of choosing a 5 meal plan.

Dining Services will accommodate those with special dietary needs. A letter from the health center is necessary. Use your meal plan account in any dining hall and enjoy a wide variety of high-quality food. Meals may also be purchased for cash in all dining halls.

GET WIRED

Not just a means of identification, your ID card is your meal card and ID Express card. THE ID OFFICE located on the balcony in the Terrace Dining Hall is the place to go to report a lost card, to sign up for Option Out meals, order Birthday cakes, giant cookies, fruit or candy baskets, to add Bonus Dollars to your meal plan account, or to set up an ID Express account, (a pre-deposited fund for making purchases and using vending machines, washer and dryers, and copiers on campus). Pick up an ID Express brochure at the ID office for more information.

BE KOSHER

KOSHER PANTRY located in Terrace Dining Hall, is part of the board plan. The kosher kitchen offers 14 meals each week, including a special Friday evening Shabbat meal.

Food is prepared in the kosher pantry every day under the supervision of a staff Mashgiach and a rabbi, who maintain the highest kosher dietary standards.

Friends and family members can enjoy kosher meals for a modest fee. Takeout meals are also available. Kosher catering can be arranged through the Office of Conference and Event Services.

IN THE BAG

IN THE BAG, available only at Towers Dining Hall, is great for a quick pickup lunch. Included in your meal plan, an "in the bag" lunch offers different sandwiches and salads daily along with beverages, fruit, chips, and cookies, as well as soup in the winter.

MAYBE LATER

TERRACE CLUB LATE NIGHT an after-hours meal plan option offers a dine-in service with restaurant-style entrées including specialty burgers, pasta dishes, club sandwiches, chicken fingers, vegetarian selections, daily specials and desserts. Ask about our takeout service.

GET FRESH

BAKERY—Ithaca College Dining Services has their own bakery right on campus. The bakery delivers freshly baked pastries, breads, rolls, cakes, pies and cookies to all dining facilities daily.

For that special occasion, surprise a friend with a custom decorated cake, or giant cookie. Call or visit the ID office to place these orders.

MAKE GREENSTUFF

EMPLOYMENT—Each semester Dining Services hires many students to work in a variety of positions. If you are interested in working for Dining Services, stop by the ID office to fill out the appropriate paperwork.

BE COOL

ICE CREAM SHOP

Here you'll find soft yogurt and hard gourmet ice cream with an assortment of toppings. The Candy Shop offers over 50 varieties of candy.

GO SHOPPING

BJ'S GENERAL STORE located in the Towers Concourse offers snacks, beverages, candies, health and beauty aids, newspapers, and more.

TAKE THE SUBWAY

SUBWAY located in the Towers Concourse, offers hot and cold subs, deli style sandwiches and salads. Party platters and 6ft. subs are also available. Call for delivery service.

GO ALL OUT

OPTION OUT—Why not opt out and get together with friends to cook dinner or have a picnic? With Dining Services' Option out, you can!

Option Out is available for residence hall activities, sports groups, clubs, or individuals who are on a meal plan.

Your options include: breakfast, brunch, lunch, dinner, a pizza party, a cookout, and snacks.

All food is individually packaged. "Do-it-Yourselfers" are packaged raw and/or cold. All packages include paper plates, napkins, plastic eating utensils, and cups if appropriate.

For information, stop by or call the ID office.

DO IT IN STYLE

TOWER CLUB RESTAURANT—As you enjoy a superbly prepared meal, take in stunning views of Cayuga Lake and Ithaca from the fourteenth floor of the East Tower. The Tower Club has long been considered one of the area's fine dining spots.

Each weekday the Tower Club offers a different all-you-can-eat lunch buffet, accompanied by the famous salad bar, including scrumptious soups, homemade bread, and a dessert bar. The Club also offers an a la carte menu. Cash, checks, MasterCard, Visa, and Diners Club are accepted, as well as ID Express and Bonus Dollars. Reservations are suggested.

Do Your Thing!

TAKE NOTE

EGBERT DINING HALL

BREAKFAST

Monday - Friday	7:00 - 10:00 a.m.
Saturday	8:30 - 9:30 a.m.
Sunday	CLOSED

LUNCH AND BRUNCH

Monday - Friday	11:00 a.m. - 1:30 p.m.
Saturday & Sunday	10:30 a.m. - 1:30 p.m.

DINNER

Monday - Thursday	4:30 - 7:30 p.m.
Friday	4:30 - 6:30 p.m.
Saturday & Sunday	4:30 - 6:30 p.m.

TERRACE DINING HALL AND KOSHER PANTRY

LUNCH

Monday - Friday	11:00 a.m. - 1:30 p.m.
Saturday & Sunday	Noon - 2:00 p.m.

DINNER

Monday - Saturday	5:00 - 7:00 p.m.
Sunday	5:00 - 8:00 p.m.

LATE NIGHT TERRACE CLUB

Monday - Thursday	8:00 - 10:30 p.m.
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TOWERS DINING HALL

BREAKFAST

Monday - Friday	7:00 - 10:00 a.m.
Saturday & Sunday	CLOSED

LUNCH

Monday - Friday	11:30 a.m. - 2:15 p.m.
Saturday & Sunday	CLOSED

DINNER

Monday - Thursday	4:30 - 6:30 p.m.
Saturday & Sunday	CLOSED

IN THE BAG

Monday - Friday	10:15 a.m. - 1:30 p.m.
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GOOD NATURED CAFE

Monday - Friday	11:30 a.m. - 2:15 p.m.
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FOOD COURT

Monday - Friday	10:30 a.m. - 8:00 p.m.
Saturday & Sunday	Noon - 8:00 p.m.

AL FRESCO'S PIZZA DELIVERY

Daily	8:00 p.m. - 1:00 a.m.
-------	-----------------------

FRENCH QUARTER

Monday - Friday	7:30 a.m. - 3:00 p.m.
Saturday & Sunday	CLOSED

CANDY SHOP

Monday - Friday	10:00 a.m. - 8:00 p.m.
Saturday & Sunday	Noon - 8:00 p.m.

BJ'S STORE AND SUBWAY

Monday - Friday	7:30 a.m. - 1:00 a.m.
Saturday & Sunday	10:00 a.m. - 1:00 a.m.

TOWER CLUB

LUNCH

Monday - Friday	11:30 a.m. - 2:00 p.m.
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ID OFFICE

Monday - Friday	9:00 a.m. - 4:00 p.m.
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Al Fresco's Pizza	274-EASY
Catering	274-3774
Dining Services Office	274-1187
Egbert Dining	274-3204
Food Court	274-1176
ID Office	274-3007
Kosher Pantry	274-1336
Design Department	274-3664
Subway/BJ's	274-3369
Terrace Dining	274-3907
Tower Club Restaurant	274-3393
Towers Dining	274-3443

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Sampling Ithaca's many culinary delights

By Lauren Bishop
Ithacan Staff

This is by no means a complete list of all the restaurants in Ithaca—it's just a quick guide to some of the most popular restaurants in town to get you started on experiencing all the culinary delights Ithaca has to offer

\$- Entree up to \$10
\$\$- Entree up to \$15
\$\$\$- Entree up to \$20

Aladdin's Natural Eatery

273-5000
100 Dryden Road, Collegetown
Aladdin's serves soups, salads, pockets and pitas, including many dishes with Greek and Mediterranean touches. \$

The Antlers

273-9725
1159 Dryden Road (Route 366)
The Antlers serves seafood, steaks and nightly specials \$\$\$

Centini's Coddington Restaurant

273-0802
124 Coddington Road
Overlooking Cayuga Lake, this Italian restaurant features seasonal outdoor dining. Featuring homemade pastas, veal, seafood, poultry, gourmet pasta and an antipasto bar, they are open daily for lunch and dinner, and also have complete take out service. \$\$\$

Coyote Loco

277-2806
1876 Judd Falls Road
Serving authentic Mexican food, Coyote Loco has both lunch and dinner specials, Sunday brunch, deck dining and catering. They also have a happy hour daily from 4 to 6 p.m. \$\$

Franco's

277-6666
Route 96B next to Rogan's
Along with your meal of prime rib, seafood, poultry, veal or pasta, Franco's also serves a bottomless salad and garlic cheese sticks. Take out is also available. \$\$\$

Joe's

273-2693
602 W. Buffalo St. at Route 13
Joe's is a frequent stop for visiting parents. Since 1932 Joe's has been one of the most popular Italian restaurants in Ithaca, serving fresh pasta, steak, seafood, veal, chicken and bottomless salad and garlic bread sticks with every order. \$\$\$

Little Joe's

273-2771
410 Eddy St., Collegetown
Under the same management as Joe's, Little Joe's features almost the same fare as Joe's with a slightly more casual atmosphere. Both restaurants are usually always crowded, so it's best to call ahead. \$\$

John Thomas Steakhouse

273-3464
1152 Danby Road (Route 96B)
Specializing in prime "dry-aged" beef and a variety of fresh seafood, the steakhouse also features an extensive wine list. Dine in the 150-year-old farmhouse or have an event catered. \$\$\$

Lucatelli's Ristorante

273-0777
205 Elmira Road
Lucatelli's features both Italian and continental American cuisine, including an antipasto salad bar, prime rib and seafood, as well as many international wines and European coffees. \$\$

Manos Diner

273-1173
357 Elmira Road (Route 13)
A typical all-night diner, serving typical diner food. Open 24 hours, seven days a week. \$

Moosewood Restaurant

273-9610
Dewitt Mall
Nationally renowned, the Moosewood specializes in natural foods and gourmet and international cuisine. \$\$

Ragmann's

273-5236
108 N. Aurora St.
This popular spot serves homemade soups, salads and sandwiches and features a full bar. Take out is also available. \$



The Ithacan/Kelly Burdick

Simeon's on the Commons offers a wide variety of entrees and the option of outdoor dining.

Simeon's on the Commons
272-2212
224 E. State St.

Simeon's is a popular spot for students and their families, mainly because of its location on the corner of the Commons. Chicken, fish, pastas, gourmet pizzas, salads and desserts are available as

well as sandwiches named after Ithaca people and places. \$\$\$

The Station Restaurant

272-2609
W. Buffalo St.
This registered national landmark features prime rib, seafood, chicken, pasta and a salad bar. \$\$\$

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Local pizza shops deliver in a pinch

By Ithacan Staff

If you're in a desperate quest for food or tired of fine cuisine at the campus dining halls, you can contact a number of local pizza and calzone places for immediate relief. In case you haven't realized, they deliver.

Big Al's Pizza
1103 Danby Road
272-3448

Big Al's opens at 6 a.m. on the weekdays and begins delivering at 11 a.m. They stay open until 1 a.m. during the week. Saturdays the store opens at 6 a.m. and delivery begins at noon, and the store closes at 1 a.m. The store open on Sundays at 7 a.m. and delivery begins at noon. The store closes at 1 a.m. They offer the usual pizza delivery fare.

Gino's Pizzeria
106 North Aurora St.
277-2777

Gino's is open from 10:30 a.m. to 2 a.m. daily, and offers thin and thick crust pizza, stromboli, calzones and pesto pizza.

Pudgie's Pizza
215 Elmira Road
272-7600

Pudgie's is open 11 a.m. to midnight Monday through Thursday, 11 a.m. to 1 a.m. Friday and Saturday and 11:30 a.m. to midnight on Sunday.

Pudgie's offers wings, subs and a groovy orange bag to keep the food warm.

Domino's Pizza
329 East State St.
273-0111

Domino's Pizza is open 11 a.m. to 2 a.m. every day of the week. Since this is a national chain, this is probably a taste you're familiar with.

Rogan's Corners
825 Danby Road
273-6006

Rogan's is open from 11:30 a.m. to 1:30 a.m. Sunday through Thursday, and 11:30 a.m. to 2 a.m. Fridays and Saturdays and is popular amongst Ithaca College students.

Geppetto's Pizzeria
404 West State St.
272-1950

Geppetto's Pizzeria is open seven days a week, from 11 a.m. to 3 a.m. and claims to offer Ithaca's biggest calzones, guaranteed.

D.P. Dough
108 West Green St.
277-7772

D.P. Dough is open 11 a.m. to 2 a.m. Sunday through Wednesday, 11 a.m. to 3 a.m. Thursday through Saturday and offers calzones with various toppings.

Dance the night away

By Ithacan Staff

Club Semesters
417 W. State St.
277-7311

The self-proclaimed "Ithaca's only big-city nightclub" is popular among college students from both Ithaca College and Cornell University. Semesters, as it is known by most Ithaca students, plays popular dance music. How bizarre.

The Haunt
114 W. Green St.
273-3355

This tiny nightclub provides both live and recorded entertainment. Most popular with the college crowd is '80s night, held every Saturday night. Over the summer, The Haunt went through a few changes, including a new paint job on the exterior courtesy of a new owner. Plans are underway to change the interior to a "Louisiana decor."

The Nines
311 College Ave.
272-1888

The Nines, known for their deep dish, Chicago-style pizza, is a Collegetown restaurant and club. Entertainment consists of both local and out-of-town bands.

The Rongovian Embassy
1 West Main St
Trumansburg
387-3334

Although it's a bit of a hike, the Rongo books a wide array of bands, who usually make it worth the trip. Bluegrass, cajun, folk and roots groups usually populate their schedule.

Chanticleer Loft
101 W. State St.
272-9678

One of the most recent additions to the Ithaca music scene, the Loft is located on the second floor of this local bar.

The Chanticleer is probably one of the easiest places to find in Ithaca. Just look for the giant neon rooster at the end of the Commons.

Common Ground
1230 Danby Road
273-1505

Located just up the road from the College's front entrance, the Common Ground frequently



The Ithacan/Kelly Burdick
The giant rooster at the Chanticleer serves as a beacon for Ithaca music fans.

holds dance nights with live DJs. Call the club for details about under-21 admittance.

These are certainly not the only nightlife options in Ithaca, although they are some of the most popular. So just go on out and shake your groove thang.

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<http://www.ithaca.edu/counseling>

Web Sight

Electronic Cheating

This column is dedicated to everyone who used "Cliff Notes" sometime in their life. For whatever reason, you needed a guide to some book, some voice to get you through the confusion of "Moby Dick," or the obtuseness of "The Scarlet Letter."

The World Wide Web has opened up a whole new realm of Cliff Notes.

Those yellow and black zebra-striped cheatsheets have been reincarnated as "term paper assistants." Basically, if you're having "trouble" writing a paper, if you can't "come up with ideas," or if you're just lazy, pull out some cash and take this article to heart. If, however, you are a wee bit more ethical than the average student, read this and feel good about yourself.

Let's dive right into it, shall we? Everyone knows writing a paper is easy with the web. Just

multi-task and you've got sources, pictures, encyclopedias, INFORMATION, all on the same screen as your paper. It's easy and it's fast.

This simplicity isn't so bad (and there could be volumes written on the value of the information on the web), but when it gets SIMPLER it gets BAD.

Just check out the Cheat Factory Essay Warehouse (<http://www.geocities.com/SoHo/8412/>). Even at first glance this shows everything that can be awful with the web: advertising, money grubbing, the NAME. To use this service, you must submit an essay of your own (thus increasing the Cheat Factory's database), after which you'll be issued a user name and identification number so you can download other people's essays, *for use as a study aid*.

My favorite was the free-to-download Vasco Nunez De Balboa paper. Only because, I think, I like saying his name.

Then there's The Paper Store (<http://www.paperwriters.com/intro.htm>), which touts itself as the "only live 24 hour" term paper "assistance" service. It sounds more like the Ronco "Salad-Shooter" hotline than some cheesy cheat site.

This service (allegedly the cheapest) charges a minimum of \$64.75 per five-page paper. You can also choose the style, whether it's a rush job or not, and how you want to pay. It doesn't SOUND like assistance. It SOUNDS like they'll write a paper for you.

Also there is Cheater.com (<http://www.cheater.com/>), where they say "sick and tired of taking notes for your boring History class?" Yeah, learning is the UNCOOLEST. Sigh. Again, it's a pay-to-play site.

These sites always claim to be "for study aid purposes only," in reality, however, they get money from students who are trying to write the best, easiest paper.

Perhaps the most interesting (and most indicative of the sniveling characters involved) thing is the new law that is going into effect in Texas on Sept. 1 of this year. This law basically outlaws the sale of term papers for use by students in Texas. Cheat.com claims this is an infringement of their free speech. Blah blah blah.

So, to all the new students, welcome to college! If school starts to get too tough for you, work starts to get you down, don't worry, you can always cheat. Go for it. Don't let ethics get in the way.

Search

Where to find a good cup of coffee

By Lauren Bishop
Ithacan Staff

Here's a brief sampling of places to pick up some coffee, espresso, cappuccino, tea and all those other hot drinks.

ABC Café
308 Stewart Ave.,
Collegietown
277-4770

Besides coffee and espresso, ABC Café offers vegetarian lunches and dinners, nightly international specials, alcoholic beverages and occasional live music. Hours: open weekdays 11 a.m. to midnight; Fridays and Saturdays 11 a.m. to 1 a.m.; open Sundays 9:30 a.m. for brunch.

La Forza Cafe Coffeehouse
146 E. State St.
272-1328

Featuring live music every week, La Forza is also a great place to study or read newspapers and magazines while you munch on sandwiches, pastries or desserts.

Hours: open Mondays

through Fridays at 7:30 a.m.; open weekends at 9 a.m., close at 8 p.m. Mondays through Friday; close Fridays and Saturdays at 11 p.m. and Sundays at 7 p.m.

Silverbird Espresso
302 E. State St.
277-3805

Silverbird offers traditional gourmet coffee cuisine, including espresso, cappuccino and latte, as well as specialty drinks and cold drinks, like Italian sodas. Outdoor

seating is also available. Hours: open at 7:30 every day, Thursdays until 11:30 p.m., Saturdays and Sundays until 12:30 a.m.

Stella's Cafe
403 College Ave.
Collegietown
277-8731

Card players and avid readers fill this usually smoky coffee shop, which also serves a variety of muffins and desserts.

Hours: 7:30 a.m. to 1:30 a.m. daily.



Local culture adds a little spice to the Ithaca experience

By Ithacan Staff

Here's a look at some of the cultural opportunities on- and off-campus.

Ithaca College Bureau of Concerts—274-1631

BOC provides several low-cost concerts from established artists. Past performances include George Carlin, Mighty Mighty Bosstones and Bob Dylan.

Cayuga Chamber Orchestra—273-8981

The 35-member orchestra is known as the official orchestra of the City of Ithaca. Throughout the year, it performs six full concerts, three chamber concerts, a holiday special and a youth concert.

Community School of Music and Arts—272-1474

This school teaches music, art,

dance and theater and has a gallery with monthly art exhibits. The exhibits are free and open to the public.

Cornell Center for Theater Arts—254-ARTS

The center holds between six and 12 plays from September until May and also schedules guest appearances and the Cornell Dance series. Dates for special dance performances during the series are August 29, December 4-6, February 23-25, April 30-May 2, March 5-7.

Firehouse Theatre—277-PLAY

The abandoned firehouse-turned-theater, cabaret and coffeehouse is a cooperative community theater with plays, concerts, poetry readings, jazz music and children's theater productions.

Hangar Theatre—273-4497

This theater has a professional summer theater that provides educational programs. They also sponsor other plays throughout the year, including KIDDSTUFF productions featuring Ithaca College students.

Handwerker Gallery—274-3018

Located on the Ithaca College campus in the Gannett Center, this gallery has several exhibits throughout the school year, including the annual senior art show. For information and schedules, the gallery is on the Web at <http://www.ithaca.edu/hs/arthistory/ahl/handwerk.html>

Ithaca Ballet—277-1967, Ballet Center of Ithaca, the official school of Ithaca Ballet—257-6066, 504-506 North Plain Street

Ithaca Ballet is upstate New

York's only repertory company. This nationally-known professional ensemble performs both classical and contemporary works. This season their program will be expanded to include four different programs.

There is a Fall Classic repertory October 18 and 19, the Nutcracker December 19-21, the midwinter show March 14 and 15, and the Spring contemporary show May 2 and 3.

All shows are held in the State Theater.

Ithaca College Concerts—274-3171

More than 300 faculty, student and guest performances are scheduled throughout the year, most of which are free.

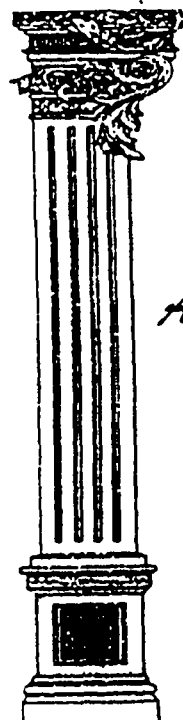
Ithaca College Theater—274-3224

This year's performances

include "Love's Labor's Lost" on October 2-4 and 7-11, "Into the Woods" on October 31-November 1 and November 4-6, "Ring Around the Moon" on February 19-21 and 24-28, "Down in the Valley" on March 31-April 4, "Gianni Schicci," and "Quilt" on April 16-18 and 21-25.

Kitchen Theater Company—273-4497
103 West Seneca Street

There are six shows per season and several special events at the Kitchen Theater, which has an intimate 70-seat theater popular among critics and students. This year's productions include "Who's Afraid of Virginia Woolf?," "Durang, Durang" and "Valley Song." In the past, Ithaca College English professor Gil Harris has directed shows. Many of the shows at the theater feature performances by Ithaca students.



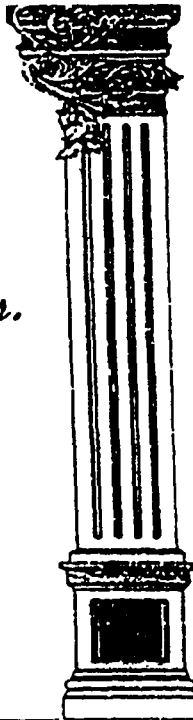
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The **ITHACAN**

"The newspaper for the Ithaca College Community"

TOP

TEN

1. "Fly"—Sugar Ray

2. "Sell Out"—Reel Big Fish

3. "Walkin' On The Sun"—Smash Mouth

4. "Sick and Beautiful"—Artificial Joy Club

5. "Breathe"—Prodigy
6. "D'Ya Know What I Mean"—Oasis

7. "Building A Mystery"—Sarah McLachlan

8. "Superman's Dead"—Our Lady Peace

9. "Wrong Way"—Sublime

10. "Transistor"—311

WICB's Top Ten is based upon weekly airplay at WICB.



The Haunt

ALL SHOWS START AT 9:30 P.M.

Monday—Improv w/Utter Trio
Tuesday—Reggae and Trip Hop
Wednesday—Stealth w/ Boiler

The Nines

ALL SHOWS START AT 9:30 P.M.

Monday—Blue Monday blues jam w/Pete Panek and the Blue Cats

ABC Café

ALL SHOWS START AT 9:30 P.M.

Tuesday—Chris Delmhurst
Wednesday—Dave Salce and open jazz

Common Ground

ALL SHOWS START AT 9 P.M.

Wednesday—Country Music dance w/ DJ Walt

Upcoming music releases include Oasis, Coolio, Crystal Method, The Rolling Stones, Steve Earle, Lisa Loeb, Bob Dylan and a 3-CD set documenting the Tibetan Freedom Concerts.

Another song-filled season

Another summer has passed, and with it a whole bunch of good and bad music. After all, this was the summer when Hanson broke curfews and young hearts, the Lilith Fair led many misguided males to whine about equal exposure and annoying songs like OMC's "How Bizarre" and Sugar Ray's "Fly" implanted themselves in our heads until we begged for mercy.

Comebacks were all over the place, with artists such as Paul McCartney, Fleetwood Mac and '80s relics like Dokken and Slaughter trying to find their niche in the '90s. Of all these attempts, John Fogerty's "Blue Moon Swamp" had the most lasting power, because he stuck with what made him famous. Sure, the intro to the opening song, "Southern Streamline," sounds a lot like "Bad Moon Rising," and the rest of the album explores that whole twang-thing that Creedence Clearwater Revival did so well. But drummer Kenny Aronoff lays down a steady beat and guests like the Fairfield Four lend properly understated vocal support on "A Hundred and Ten in the Shade" making this album worth a listen.

John Hiatt has never needed to stage a comeback, unfortunately because he's never sold a lot of CDs. But if he keeps producing albums like "Little Head," he's sure to gain more respect. The title song is about that "little head," but Hiatt manages to be silly without being goofy. Hiatt also crafts a near-perfect melody on "Pirate Radio" and spends the

rest of the album dancing between alternative, country and soul.

Of course it wasn't only the older guys who released strong albums. The Old 97's and Whiskeytown demonstrated two facets of the alt-country field, with the Old 97's providing the powerful twang on "Too Far To Care" and Whiskeytown settling into a melancholy vibe on "Stranger's Almanac." The Old 97's pound their way through songs like "Timebomb" and "W.T. Teardrops" and lead singer Rhett Miller duets with Exene Cervenka on the full-throttle "Four Leaf Clover." Whiskeytown frontman Ryan Adams explores more intricate stories with the achingly beautiful "16 Days" and the summer's best-titled song, the "Excuse Me While I Break My Own Heart Tonight," which benefits from Alejandro Escovedo's contribution.

Of course since we are to believe that this is once again the "year of the woman," several well-liked females released albums this summer, among them Dar Williams, Sarah McLachlan and Rickie Lee Jones. However, two lesser-known artists produced strong albums. Katell Keineg's sophomore effort, "Jet," establishes her wistful voice as the main attraction on songs like "Marietta" and "One Hell of a Life." Newcomer Kami Lyle's voice, a mixture of Williams and McLachlan, also carries her first album, "Blue Cinderella." When her vocals take a rest, the music, usually a soothing mix of trumpet and piano takes over. Standout songs include the title track and the jazzy "Midnight Club."

Overall, it wasn't such a bad season. After all, I didn't hear anything as annoying as the "Macarena," and for that we should all be grateful.



Accent Editor

Coming Soon...

The Ithacan will be publishing
its first regular issue on
Thursday, August 28.

The ITHACAN
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Sorting through summer cinema

By Erin Stevens
Ithacan Staff

Every summer the biggest studios in Hollywood have a contest to see who can release the biggest, baddest, most violent, unoriginal and flashy movie possible. Of course they always seem to forget they released the same movies the year before.

This summer was no exception. The big names and beautiful faces were all there: Harrison Ford, Tommy Lee Jones, Will Smith, Mel Gibson, Julia Roberts, John Travolta, Nicolas Cage, George Clooney, Chris O'Donnell and Arnold Schwarzenegger.

A new "blockbuster" hit was scheduled to begin each weekend, many even competing against each other. Most of the movies were run-of-the-mill action-

thrillers bunched together at the end of the summer.

"Men in Black," however, was released mid-summer. But considering all the hype and the swanky video, this film was easily the biggest disappointment of the summer. Despite that it seemed to have a great deal of potential, the movie was lacking in plot and the aliens didn't seem very real.

The idea of an underground government agency was good, but the movie could have been better developed into a thriller instead of an almost-comedy. However, the movie did have funny points, and some of the weapons were fun to look at.

"Face/Off" was much more satisfying. This movie just made you say "Wow!" at each turn. Travolta and Cage did an excel-

lent job of battling it out until the bitter end. Although the movie had some very creepy twists, such as Cage waking up without a face, it definitely kept me on the edge of my seat.

What's summer without Disney? "Hercules" was this year's animated offering. Most of us know the story of Hercules, but Disney took the original story full of carnage and terror and modified it to make it a happy-ending story. Leave it to Disney to add music and cartoon to everything.

But at least it wasn't as confusing as "Conspiracy Theory." This movie left me wondering exactly what had happened. The movie had too many plot twists, and you'll have trouble figuring out who was bad and who was good. At one point, it seemed Mel Gibson was the bad guy.

One of the more anticipated movies of the summer was "Batman and Robin." Although the Batman movie series had been disappointing, this one wasn't that bad. It was stocked with big names (Clooney, Schwarzenegger, Silverstone, O'Donnell and Thurman) and it managed to hold your attention, if you like this sort of movie. The movie even managed to succeed without any help from a poor subplot involving Alfred the butler. See for yourself.

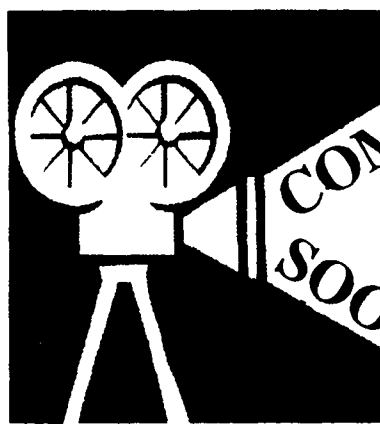
But of all the summer films, "Air Force One" was probably the strongest all-around. Because of all the hype, it's not easy to admit this is the summer blockbuster. But after seeing it, there was really no way around it.

Harrison Ford, who makes an extremely convincing President, fights back as his plane is hijacked by terrorists. There were several interesting plot twists, which kept the audience in suspense and made this film a definite must-see.

Now the noise and hype of the summer movie season is slowly fading, and it is time prepare for the fall season, when studios give their best effort to produce a decent epic drama and pick up a few awards along the way.

SUMMER MOVIES

Starting with the first of the season, the studios have released a number of movies that are worth seeing. Here are some of the highlights:



By Ithacan Staff

September

L.A. Confidential (Kevin Spacey, Kim Basinger)

The Peacemaker (George Clooney and Nicole Kidman)

In and Out (Kevin Kline and Tom Selleck)

Fire Down Below (Steven Seagal)

The Player (Sean Penn and Michael Douglas)

A Thousand Acres (Jessica Lange and Michelle Pfeiffer)

October

Seven Years in Tibet (Brad Pitt, B.D. Wong)

U-Turn (Sean Penn, Nick Nolte and Claire Danes)

Devil's Advocate (Al Pacino and Keanu Reeves)

Gang Related (Jim Belushi and Tupac Shakur)

A Life Less Ordinary (Ewan McGregor and Cameron Diaz)

Gattaca (Ethan Hawke)

November

Alien Resurrection (Sigourney Weaver and Winona Ryder)

The Jackal (Bruce Willis and Richard Gere)

The Rainmaker (Claire Danes and Danny Glover)

Flubber (Robin Williams and Marcia Gay Harden)

Mad City (John Travolta and Dustin Hoffman)

One Night Stand (Wesley Snipes)

August 25—August 28

HOYT'S CINEMA 4

266-0717

Air Bud
George of the Jungle
Leave It To Beaver
Masterminds
Spawn
Steel

CORNELL CINEMA

255-3522

8 1/2
Citizen Kane
The Seven Samurai
Scream
Donnie Brasco
Ethnic Notions

CINEMAPOLIS

277-6115

When the Cat's Away
Ulee's Gold
The Pillow Book

HOYT'S PYRAMID MALL

257-2700

Air Force One
Conspiracy Theory
Contact
Cop Land
Event Horizon
G.I. Jane
Men In Black
Mimic
Money Talks
Picture Perfect

FALL CREEK

272-1256

Brassed Off
Face/Off
My Best Friend's Wedding
Temptress Moon
The Van

Call the theaters for showtimes.



KEY:
WSH= WILLARD
STRAIGHT HALL
THEATRE
URIS= URIS HALL
AUDITORIUM

Now Showing

KOLYA FRI 7:15 WSH
Best Foreign Film 1997 SAT 9:45 WSH
SUN 7:15 WSH

FRI 10:00 WSH
SUN 9:45 WSH
TUE 7:15 WSH

CITIZEN KANE



CORNELL CINEMA
DISCOUNT CARD
\$32 for 10 regular
admissions! Available
at the box offices

Fassbinder's Women NEW PRINTS!
Effi Briest
Lili Marleen
The Marriage of Maria Braun
Lola
Veronika Voss
Mondays in WSH

Krzysztof Kieslowski's Decalogue
Late Polish director Kieslowski's brilliant series of short films, each loosely based on one of the Ten Commandments
"the best unreleased film of our time"
- Kenneth Turan, LA Times
Wednesdays & Saturdays in WSH

UNKNOWN Fassbinder
Recruits in Ingolstadt
The Niklashausen Journey
Rio das Mortes
Whity
FREE!
Sundays & Thursdays

Cinema Off-Center
Young and Restless
4 programs of provocative new performance-based videos by women
Sept 2, 9, 16, 30 - Just \$2!
Tuesdays in the
Center for Theatre Arts Film Forum

Boat People
Comrades, Almost a Love Story
Rouge
Bullet in the Head
Floating Life

Early Oliver Stone new print!
Sept. 13 **Midnight Express**
Sept. 27 **Platoon**
Oliver Stone will speak
at Cornell on Sept 29
Call 255-7132 for info

Professor David Bathrick introduces the Fassbinder series, Monday, Sept 1 @ 7pm in WSH
Professor Edward Gun introduces Hong Kong '97, Thursday, Sept 4 @ 7:15pm in WSH
Experimental film and videomaker Abigail Child introduces and discusses B/Side (featured in this year's Whitney Biennial) and other work, Tuesday, Sept 23 @ 7:30pm in CTA Film Forum

Most films \$4.50 public/\$4.00 students, seniors, kids 12 & under
Cornell Cinema calendars available at Roy Park School of Communications, the Student Union, DeWitt Mall, other locations downtown, and at the theatres.

Call 255-3522 for more information

ITHACA COLLEGE CONCERTS 1997-98

ALL REPERTORY

KAVAFIAN, YING, AKA, AKA, AKA

MONDAY, SEPTEMBER 29
ANI KAVAFIAN, Violin
IDA KAVAFIAN, Violin/Viola
JONATHAN FELDMAN, Piano

TUESDAY, OCTOBER 7
YING QUANG

FRIDAY, FEBRUARY 13
SERGIO & ODAIR AKA
Duo-Guitarists

TUESDAY, MARCH 17
FREDERICK AKA

Pre-concert lectures begin at 7:30 p.m. in Ford Hall 201, Ithaca College.
All performances begin at 8:15 p.m. in the Ford Hall Auditorium, Ithaca College.

SENIOR CITIZENS AVAILABLE AT 20 PERCENT DISCOUNT. Description and be assured of concert as single tickets for \$10.00 (value).
Students Ithaca College students (\$32.00 value).
Faculty, staff and administrators (\$56.00 value).
Other students (\$56.00 value).
Call 255-3522 for more information.

For more information, contact:
Ithaca College Concerts
School of Music
Ithaca College
220 W. Hill
Ithaca, NY 14850-7240
(607) 274-3171

CLASSIFIED

MONDAY, AUGUST 25, 1997

THE ITHACAN

PERSONALS

Dear readers,
Tell someone you care with an Ithacan personal ad. Only \$2.

The Editors

FOR RENT

A brand new townhouse 3bd rm 2 bath decks, basement, laundry 3 mi to IC on private lot 900 plus low utilities 279-5269.

1 or 2 bedroom townhouse, architect designed, beautiful suburban setting, air, fireplace, clean, pets ok. 273-9300.

1 room in furnished townhouse, 1 1/2 baths, fireplace, computer desk, walk to campus. 273-9300.

3 bedroom close to campus & Commons. Furnished. Dishwasher. Microwave. Porch. Parking. \$675. Call 277-6961.

6 bedroom HOUSE! Furnished. Living room. Dining room. Balcony. Dishwasher. Microwave. Close to campus & Commons. Call 277-6961.

4 bedroom HOUSE! South Hill. Garage, laundry, furnished, yard, porch. \$800. Call 277-6961.

VISTA CIRCLE APARTMENTS! South Hill 2 & 3 bedroom townhouses. *Furnished or unfur-

nished, *parking, *walk to campus, *lake views! ONLY \$200-250 per person. CSP Management-277-6961.

FOR SALE

Need some extra cash? Sell all your belongings through an Ithacan classified ad.

SUBLET

Got an extra room? Grab a housemate through a classified ad in the Ithacan.

EMPLOYMENT

Bar Staff Needed. Experience Necessary. Call Marc @ 256-0207 or 277-7311.

The Ithacan is looking for an assistant layout editor. If you have a creative eye and are familiar with Quark XPress, pick up an application in Park 269 or call Christina at 274-3207 for more details.

LOST/FOUND

Missing something? Or are you still hanging on to those cheap plastic sunglasses in hopes that someone will claim it? Announce your lost and found items right here.

WANTED

Get anything your little heart desires with an Ithacan classified ad.

ITHACAN CLASSIFIEDS

Classified ads: \$4 minimum for 4 lines \$1 each additional line

Personal ads: \$2 minimum for 4 lines. \$1 each additional line

Add \$1 per line for any bold or all-capital words within the line.

Pre-payment is required for all Classified advertisements.

Ad text (please place one character per space):

Date(s) to run _____ Category _____

Name _____

Address _____

Phone _____

Deliver by 5 p.m. Monday to
The Ithacan
Ithaca College
Park Hall, room 269
Ithaca, NY 14850-7258
Phone: (607) 274-3207
FAX: (607) 274-1565



Young Life

A Christian outreach
Ministry to teens

Are you interested?
Are you an alumnus?
Call Greg Dillingham
273-8843



Townhouses

Walk to:
Cornell
-10 minutes
Commons
-5 minutes
Ithaca College
-10 minutes
All buses
-5 minutes

- 3-4 Large bedrooms
- 1 1/2 baths
- Balcony & Patio
- Washers and Dryers available
- Pets allowed
- Free Parking

Call 272-6449 or 257-1725

This Space For Rent

For a small amount of
money, you can place your
Classified ad on this page.
For more information, call
Advertising at 274-1618.

The **ITHACAN**
"The newspaper for the Ithaca College Community"

COLLEGE CIRCLE APARTMENTS

ONLY A FEW LEFT!!!
FOR 1997-1998!

Rooms, Three, Four, & Five Bedroom
Apartments Available for 1997-1998

Rent the entire apartment or a room to
share graduate or undergraduate
apartments

Furnish, free parking, on-site laundry,
24-hour emergency maintenance

Next to the Ithaca College Campus

277-1221

James E. Gardner, Jr. REAL ESTATE

A Greater Selection of
Apartments in the
Ithaca Area

Collegetown
Downtown
Lake Front
South Hill

Efficiencies to 8-Bedroom Houses
Furnished and Unfurnished
Quality Units at Affordable Prices
24-Hour Maintenance Services

277-3232

411 N. Tioga Street

COMICS

PAGE 24

MONDAY, AUGUST 25, 1997

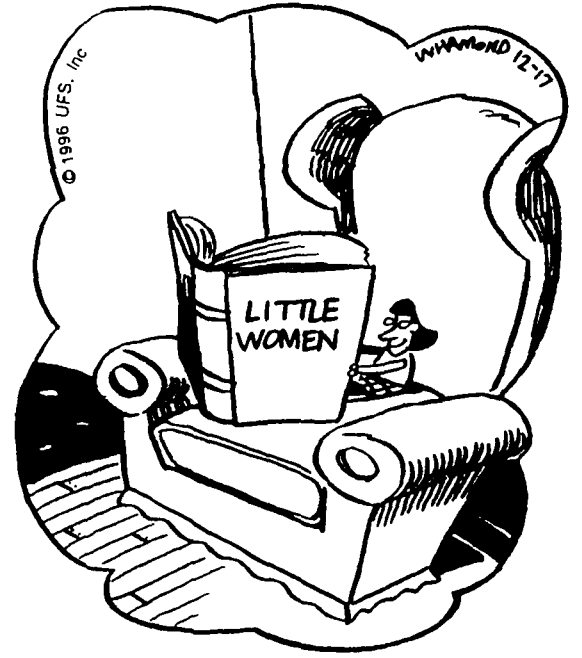
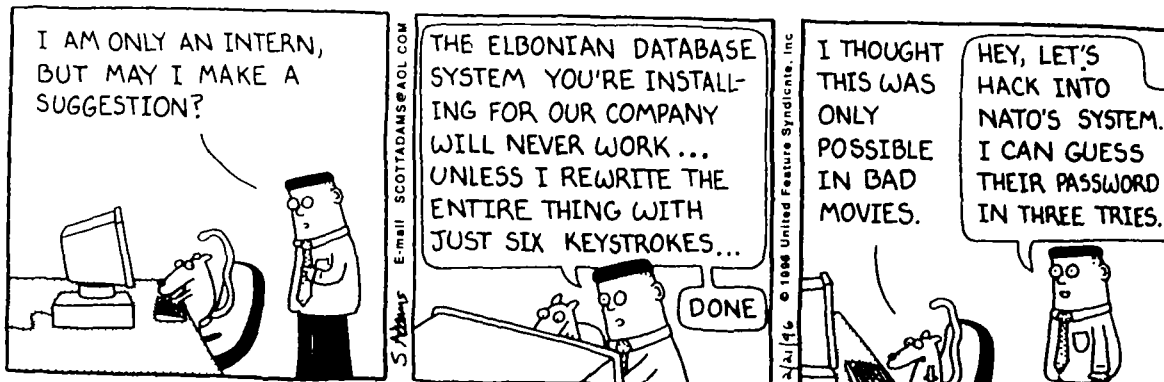
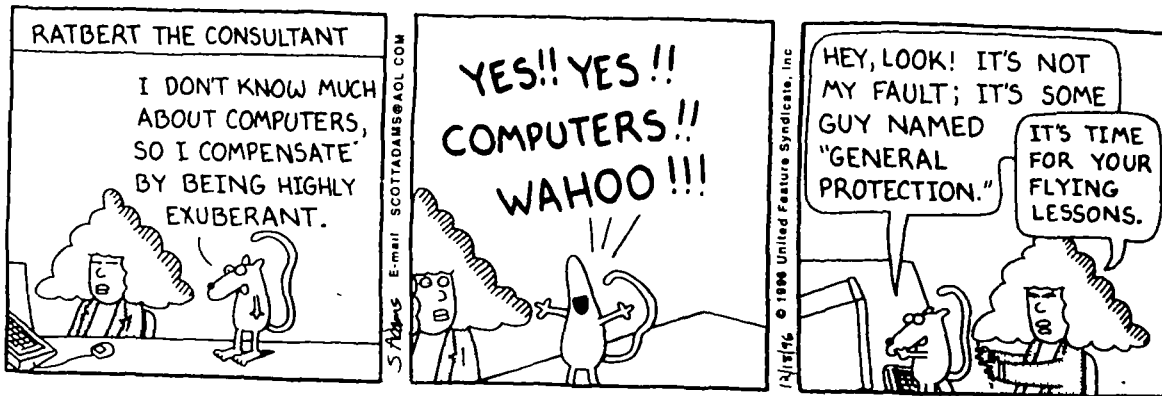
THE ITHACAN

DILBERT

BY SCOTT ADAMS

REALITY CHECK

BY DAVE WHAMMOND



A Bomber's fields and streams

Your guide to athletic arenas and places to watch the game

Ben Light Gymnasium

Named after Ben Light, former Ithaca College athlete, administrator and coach.

Dedicated in 1968

Location: Hill Center

Home to basketball, volleyball and wrestling.

Butterfield Stadium

Named after Jim Butterfield, Ithaca College football coach (1967-1993), 1997 Ithaca College Sports Hall of Fame Football Inductee.

Dedicated in 1992

Location: adjacent to Cerrace Center Home to football and track and field.

Cayuga Inlet

Location: Cayuga Lake Inlet

Home to crew.

Freeman Field

Named after James A. "Bucky" Freeman, Ithaca College baseball coach for 31 years and football coach from 1931-1941, and 1945.

Dedicated in 1965

Location: adjacent to football stadium and Cerrace Center Home to baseball.

Hill Center Pool

Named after Laurence S. Hill, dean of Physical Education at Ithaca College from 1929 to 1957.

Dedicated in 1968

Location: Hill Center

Home to swimming and diving.

Kostrinsky Field

Named after Doris Kostrinsky, Ithaca College field hockey coach for 27 years, softball coach from



Both Ithaca College men's and women's crew teams practice and race on Cayuga Inlet. At the moment, the seagulls and birds own the dock, as well as the calm water. But not for long...

1970 to 1986 and golf coach from 1988 to 1995.

Dedicated in 1997

Location: upper campus, past Terraces

Home to softball.

Tennis Courts

Location: below lower quads

Home to tennis.

Upper Terrace Fields

Location: upper campus, past the Terraces

Home to soccer and lacrosse.

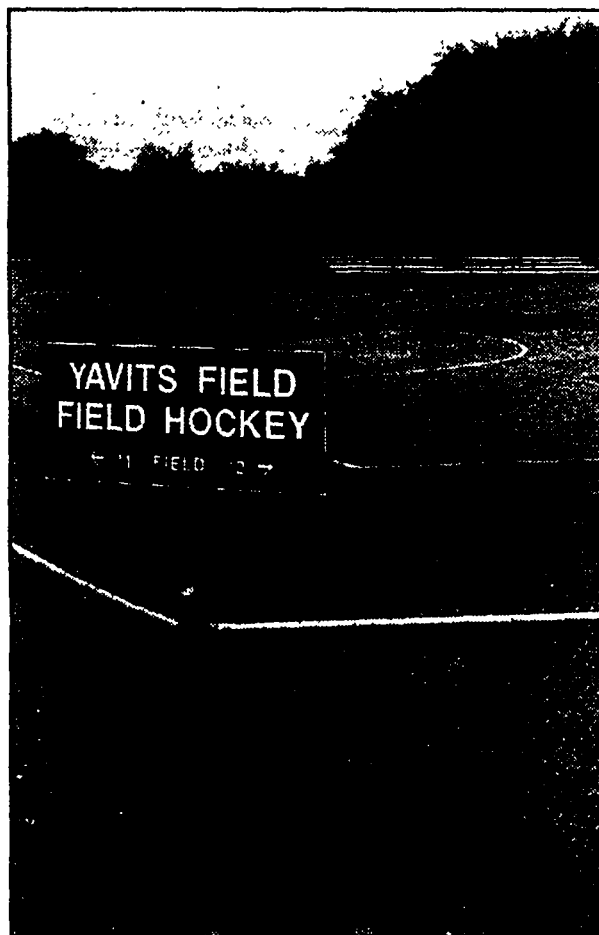
Yavits Field

Named after Isadore "Doe" Yavits, Ithaca College men's basketball coach from 1930 to 1945, soccer coach from 1932 to 1962 and track coach.

Dedicated in 1969

Location: lower campus

Home to field hockey.



The Ithacan/Kelly Burdick



Welcome new faces to the South Hill

Welcome

What's your major? Where are you from? Where are you living?

Now that the most common first-week-of-school formalities are out of the way, we can get down to some real Bomber business.

You are now on the South Hill, one of the richest athletic slopes in Upstate New York, Division III and the entire USA. Ithaca College offers a diverse combination of intercollegiate, intramural, club and recreational athletics.

Unlike taxes, no one is exempt from participation—regardless of athletic ability. All teams need a seventh player, a 12th pair of legs or a sixth man. Support the Bomber teams, from football to cross country, soccer to gymnastics. It is impossible to resist your Bomber blood, which began



Jay Miller & Marjorie Obreza

flowing when you signed your academic contract.

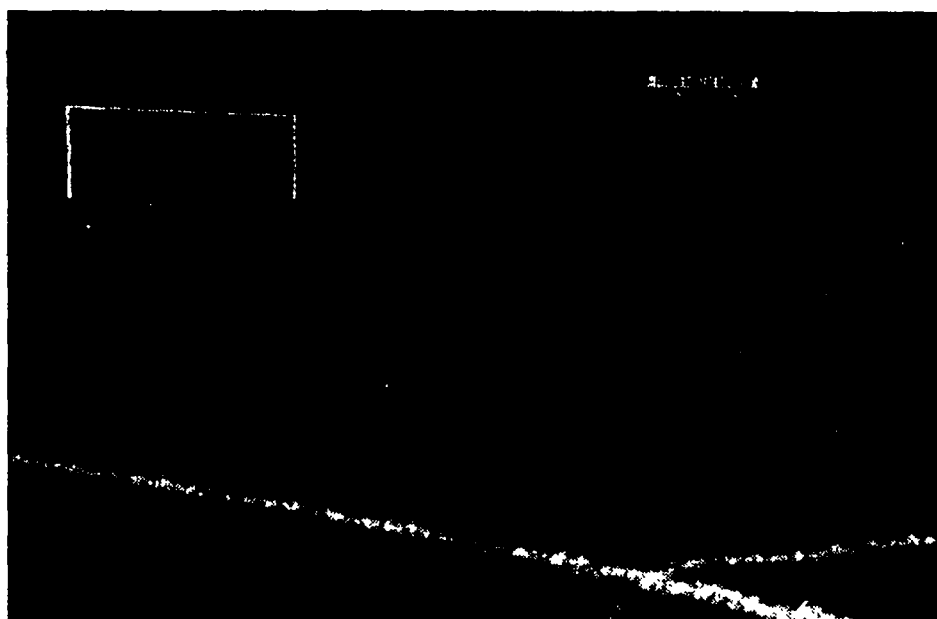
Bomber athletics have a tradition of postseason success. Last fall, the men's soccer team kicked its way to the NCAA Final Four, losing to eventual champion The College of New Jersey in penalty kicks. In the winter, the gymnastics team finished second at the NCGA national championship and also earned the ECAC title. The women's basketball squad recorded its first-ever victory in the NCAA tournament after capturing the Empire Athletic Association title.

Towering screams and cheers will be heard for the first time in five years on the Bomber sidelines with the reinstatement of an Ithaca College cheerleading team. Joining the South Hill reknowned Ooga-Booga man in the stands of Butterfield Stadium is a great way to spend a Saturday afternoon. November 8 is a date to mark as the Bombers will battle Cortland for the coveted Cortaca Jug.

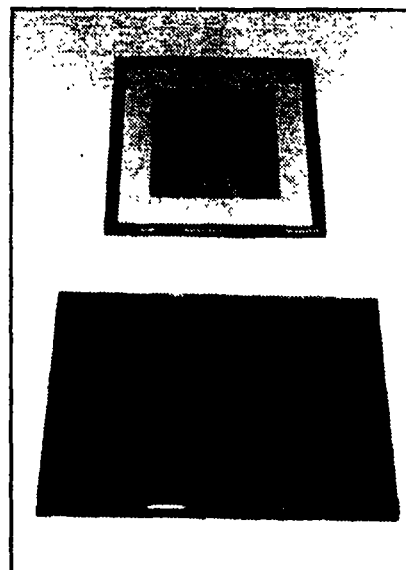
On paper, 1997-98 appears to be a year marked for South Hill supremacy. Get out your hockey sticks, your gloves and your tennis racket. Fire up the hibachi and put on your blue and gold.

We're all on the same team

Bomber teams make their homes at many venues (clockwise from right). Yavits Field, is home to field hockey. The Ben Light Gymnasium plaque hangs outside the home of basketball, volleyball and wrestling. Soccer and women's lacrosse play at the Upper Terrace Soccer Field.



The Ithacan/Suzie O'Rourke



The Ithacan/Kelly Burdick

Great hiking, biking and rock climbing

Ithaca area offers excellent venues for outdoor adventure

By Lauren Bishop
Ithacan Staff

The following are recreation parks and trails in the area:

waterside path. Other features: Olympic-sized swimming pool, tennis courts, picnic and fishing areas, fitness trail and lighted playing fields.

Buttermilk Falls State Park
273-5761
Route 13

Buttermilk Creek descends more than 500 feet in a series of cascades and rapids to form a natural pool at the base of the falls where swimming is available.

Upstream, a scenic trail circles Lake Tremain. Features tent/trailer sites (no electricity), trailer dump station, showers, cabins, picnic area, shelters, hiking trails, fishing, playground areas and cross-country skiing.

Cass Park
273-1090
701 Taughannock Blvd.

Popular among students for ice skating, Cass Park is accessible by car, bike or on foot along a



Cayuga Nature Center

273-6260
Taughannock Blvd., 6.5 miles north of Ithaca on Route 89

This environmental education center set on 128 acres of nature preserve is well known for its challenging ropes course.

Other features: hiking and nature study, family nature series, day camps and resident facility available for weekend rental.

Cornell Plantations
255-3020
One Plantation Rd.

The Plantations contain an arboretum, a botanical garden and the natural areas of Cornell University. Highlights include international crops, a wildflower garden and a network of trails that provide an opportunity for hiking and nature study. The grounds are open free of charge from sunrise to sunset daily, and group tours can be arranged in advance for a fee.

Stewart Park
273-8364
Routes 13 and 34

Named after a former Ithaca mayor, Stewart Park used to be the site of many films before 1918 when Ithaca was the site of the early movie industry. Its view of Cayuga Lake and surrounding hillsides make it a perfect spot to take in one of Ithaca's spectacular sunsets.

Other features: playing fields, playground, picnic area, concession stand, tennis courts and a restored carousel.

Robert H. Treman State Park
273-3440
Route 327 off Route 13 S.

This scenic park, filled with gorges, boasts trails with names like Lucifer Falls and Devil's kitchen.

Features: tent/trailer sites (some electricity), trailer dump station, showers, cabins, picnic areas, shelters, swimming, hiking trails, playground and cross-country skiing.

Taughannock Falls State Park
387-6739
Taughannock Park Rd., Trumansburg

Two-hundred and fifteen feet of straight falls descend into a rock amphitheater with walls reaching 400 feet.

Features: tent/trailer sites (some electricity), trailer dump station, showers, cabins, concession, picnic areas, swimming, shelters, hiking and nature trails, fishing, playground, marina launching site, ice skating, sledging slope and cross-country skiing.

Sapsucker Woods Bird Sanctuary
254-BIRD
159 Sapsucker Woods Road

One of the true hidden treasures of Ithaca, Sapsucker Woods is home to the Cornell Lab of Ornithology.



With more than 4.2 miles in trails, the sanctuary provides the perfect afternoon stroll. The 10-acre pond offers a chance to view a wide variety of birds and animals.

Not to be missed is the Louis Agassiz Fuertes collection of bird art and the Crow's Nest Birding Shop, one of the largest bird-related item stores in the United States.

Observatory hours: Monday through Thursday, 8 a.m. to 5 p.m., Friday 8 a.m. to 4 p.m., weekends 10 a.m. to 4 p.m. Trails are always open.

For more information, contact the individual recreation facility.

Welcome Students



272-1950

404 W. State St.
ITHACA, NEW YORK

FREE PEPSI WITH EVERY PIZZA

Also Available: subs, spinach squares, jalapeno poppers, gourmet pizzas, pizza fritte (fried dough), mozzarella sticks, chicken fingers, fried pickles, mozzaroni sticks & 14 different pasta dinners

TRY OUR TOFU WINGS

PARTY PACK

32-slice pizza
2 Doz. Buffalo Wings
2 "big" sodas
\$18.50

2 MEDIUM CHEESE PIZZAS

and four medium pepsis
ONLY
\$11.00

Three 14" Calzones

FOR ONLY
\$13.00

18" Large Pizza One Dozen Wings

& two Medium Pepsis
\$11.00

Ithaca's Biggest Calzones Guaranteed!
(Over 14" Long, Only \$5.75 Each, Includes Sauce!)

1. Gotta Lotta Ricotta Cheese - (Mozzarella, Ricotta, Romano)
2. Ham - (Mozzarella, Ricotta, Romano, and Spices)
3. Veggie - (Mushrooms, Olives, Peppers, Onions, Spinach, Broccoli, Mozzarella, Ricotta, Pecorino Romano, and Spices)
4. Pepperoni - (Mozzarella, Ricotta, Romano, Spices)
5. Spinach & Cheese - (Mozzarella, Ricotta, Romano)
6. Broccoli & Cheese - (Mozzarella, Ricotta, Romano)
7. Meat - (Bacon, Hamburger, Sausage, Mozzarella, Ricotta, Romano)
8. Hamburger - (Hamburger, Bacon, Mozzarella)
9. Eggplant - (Baked Breaded Eggplant, Mozzarella, Ricotta, Romano)
10. Mixed - (Pepperoni, Sausage, Peppers, Mushrooms, Mozzarella, Ricotta, Pecorino Romano)
11. Chicken Bleu - (Barbeque Chicken, Blue Cheese, Mozzarella, Pecorino Romano, and Spices)
12. Hawaiian - (Ham, Pineapple, Mozzarella, Ricotta)
13. Seafood - (Crabmeat, Shrimp, Mozzarella, Ricotta)
14. Chicken Parmesan - (Tomato Sauce, Mozzarella, Ricotta, Romano)
15. Meatball Parmesan - (Tomato Sauce, Mozzarella, Ricotta, Romano)
16. Sausage Parmesan - (Tomato Sauce, Mozzarella, Ricotta, Romano)
17. Veal Parmesan - (Tomato Sauce, Mozzarella, Ricotta, Romano)
18. Pesto - (Tomato Sauce, Pesto, Mozzarella, Ricotta)
19. BBQ Smoke - (Grilled Steak, Smoked Barbeque Sauce, Mozzarella, Ricotta, Pecorino Romano, and Spices)
20. Cordon Bleu - (Chicken, Ham, Blue Cheese, Romano, Mozzarella)
21. Artichoke - (Artichoke Hearts, Ricotta, Mozzarella, Romano)
22. Philly - (Grilled Steak, Onions, Peppers, Mozzarella)
23. Chick-N-Bacon - (Diced Chicken, Bacon, Barbeque Sauce, Mozzarella)
24. Buffalo Wing - (Diced Chicken, Hot Sauce, Bleu Cheese, Romano, Mozzarella)
25. Spiedie Calzone - (Diced Chicken, Spiede Sauce, Mozzarella)
26. Chick-N-Broccoli - (Diced Chicken, Broccoli, Mozzarella, Ricotta)
27. Kamikaze Calzone - (Sausage, Meatball, Pepperoni, Hot Peppers, Hot and Tomato Sauce, Mozzarella)
28. Spinach and Mushroom - (Spinach, Mushroom, Mozzarella, Ricotta)
29. Chick-N-Pesto - (Diced Chicken, Pesto Sauce, Mozzarella, Romano)
30. White Garlic Calzone - (Our White Garlic Sauce, Mozzarella, Ricotta)
31. Pizza Calzone - (Pepperoni, Mozzarella, Tomato Sauce)
32. Bar-B-Que Chicken - (Chicken, Smoked BBQ Sauce, Mozzarella, Ricotta)
33. Oriental Calzone - (Diced Chicken, Teriyaki Sauce, Mozzarella)
34. Golden Age Calzone - (Diced Chicken, Golden Sauce, Mozzarella)
35. Tofu Calzone - (Tofu, Mozzarella and any two vegetables)

ALL CALZONES MADE FRESH TO ORDER. ANY MAY BE ALTERED. CREATE YOUR OWN CALZONE!

Extra Sauce \$1.00 Bleu Cheese \$1.00 Ranch Dressing \$1.00



Recycle
this
Ithacan

WHO'S WHO?

The current Ithaca College athletic avenue has been paved by seven current and former administrators, coaches and managers. All Bomber athletes owe thanks to those who make athletics what they are on the South Hill. Get to know these names and faces ... if you want to know who's who.

Elizabeth "Betsy" Alden

Title: Director of Intercollegiate Athletics
What she does: oversees and coordinates all aspects of Bomber athletics
Years as a Bomber: just joined the team
Phone: 274-3209
Where to find her: Cerrache Center



Kristen Ford

Title: Associate Director for Compliance, Facilities and Fundraising
What she does: oversees home game operations, director for postseason events
Years as a Bomber: 10
Phone: 274-3199
Where to find her: Hill Center



Ross Aldrich

Title: Equipment Manager
What he does: cleans all team laundry, coordinates equipment usage
Years as a Bomber: 15
Phone: 274-3187
Where to find him: Hill Center



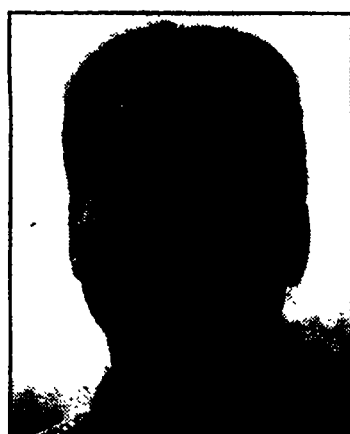
Peter Moore

Title: Director of Sports Information and Athletic Communication
What he does: media contact for all athletic programs
Years as a Bomber: 11
Phone: 274-3825
Where to find him: Alumni Hall



Brad Buchanan

Title: Director of Recreational Sports
What he does: provides the campus community with an opportunity to enjoy leisure activities outside work or studies
Years as a Bomber: 10
Phone: 274-3275
Where to find him: Hill Center



Christine Pritchard

Title: Head Women's Basketball Coach
What she does: was on committee to select new athletics director and 1996-97 Ithacan Coach-of-the-Year
Years as a Bomber: 12
Phone: 274-3179
Where to find her: Hill Center



GREAT BAGELS!

IT'S THE FIRST THING I THINK ABOUT IN THE MORNING... MY COLLEGETOWN BAGEL!

- HUGE SANDWICH MENU
- SALAD BAR • SOUPS
- FRESH BAKED BREADS and PASTRY
- ESPRESSO DRINKS

COLLEGETOWN BAGELS

203 NORTH AURORA ST. ~ 273-2848

ITHACA BROS. & MEHAFFEY NEW YORK

SPICE IT UP

Let the Ithacan Accent your weekend plans.

The **ITHACAN**
"The newspaper for the Ithaca College Community"

INTRAMURAL SPORTS

Schedule - Fall 1997

August 1997

Monday 25
Wednesday 27

Hill Center recreational facilities open
Classes begin

September 1997

Monday 1
Tuesday 2

Labor Day-no classes
Floor Hockey Tournament information managers meeting
6 p.m. Hill Center Room 57

Wednesday 3

Softball managers meeting 6 p.m. Hill Center Room 57
Softball officials organizational meeting
6:30 p.m. Hill Center Room 57

Thursday 4

Soccer information managers meeting 6 p.m. Hill Center Room 57
Soccer officials organizational meeting
6:30 p.m. Hill Center Room 57

Sunday 7

Monday 15

Play begins for floor hockey, soccer and softball
Volleyball information managers meeting
6 p.m. Hill Center Room 57

Tuesday 16

Wednesday 17

Volleyball officials organizational meeting
6:30 p.m. Hill Center Room 57
Singles tennis tournament entries due
Golf tournament at Maple Hills two-person best ball
entries due

Saturday 20

Sunday 21

Monday 22

Singles tennis tournament, 1 p.m.
Play begins for volleyball
Touch football informational managers meeting
6 p.m. Hill Center Room 57
Touch football officials organizational meeting
6:30 p.m. Hill Center Room 57

Sunday 28

Play begins for touch football

November 1997

Tuesday 4

Wiffleball tournament
entries due

Saturday 15-Sunday 16

Wiffleball tournament

Friday 21-Sunday 30

Thanksgiving Break
(facilities will close at 1
p.m. on Friday and reopen
on Monday, December 1)

December 1997

Tuesday 2

Wednesday 3

Monday 15-Friday 19

Saturday 20

Floor hockey information managers meeting
6 p.m. Hill Center Room 57
Schick 3-on-3 basketball information managers meeting
6 p.m. Hill Center Room 57
Exam week (balcony hours determined by Hill Center
gymnasium exam schedule and hours for pool
determined by lifeguard availability)
Semester break (limited facility hours until Monday,
January 19, based on employee availability)

**October 1997**

Saturday 4

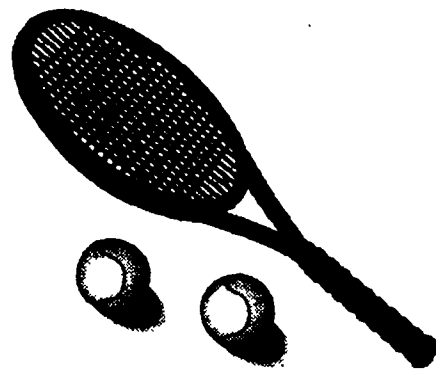
Monday 6

Wednesday 15

Tuesday 21

Golf tournament two-person best ball 10 a.m.
Basketball information managers meeting 6 p.m.
Hill Center Room 57
Basketball officials organizational meeting
6:30 p.m.
Fall Break (facilities will close at 1 p.m. on
Wednesday, October 15)

Play begins for basketball



Cartoonists Wanted!

The Ithacan is looking for an on-campus cartoonist to draw a
weekly humor strip. For more information on requirements,
call 274-3207

The **ITHACAN**

"The newspaper for the Ithaca College Community"

Do we have to lay it out for you?

The Ithacan layout staff is looking for new members for the
1997-98 academic year. Come to our recruitment night, Thursday
at 8 p.m. in Park Auditorium or call 274-3207

for more information.

The **ITHACAN**

"The newspaper for the Ithaca College Community"

T-SHIRT

**CUSTOM PRINTED
T-SHIRTS
SPORTSWEAR**

We specialize in advertising
and promotional items!
BUTTONS • BALLOONS
BUMPER STICKERS • CAPS
MUGS • TOTE BAGS • ETC.
(And Much More)

210 The Commons • 273-6667

EXPRESS

South Hill recreational facility schedule



The Ithacan/Kelly Burdick
Two-sport coach Plep van Heuven takes advantage of
Ithaca College's fitness center.

RECREATIONAL SPORTS OFFICE FALL 1997 HOURS

Monday-Thursday	9 a.m. - 11 p.m.
Friday	9 a.m. - 9 p.m.
Saturday	10 a.m. - 8 p.m.
Sunday	10 a.m. - 11 p.m.

FACILITY SCHEDULE FALL 1997

GYMNASIA

Monday-Thursday	7 p.m. - 11 p.m.
Monday-Friday	12 p.m. - 1 p.m.
Friday	7 p.m. - 9 p.m.
Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 11 p.m.

INDOOR POOL

Monday-Friday	7 a.m. - 8 a.m.
Thursday	8 a.m. - 9 a.m.
Monday, Wednesday	12 p.m. - 1 p.m.
Tuesday, Thursday	12:10 p.m. - 2 p.m.
Friday	11 a.m. - 1 p.m.
Monday-Thursday	8 p.m. - 10 p.m.
Friday	7 p.m. - 9 p.m.
Saturday, Sunday	1 p.m. - 5 p.m.

**Faculty/Staff only from 7 a.m. - 7:30 a.m. and from 12 p.m. - 12:30 p.m.
Monday-Friday

FITNESS CENTER

Monday, Wednesday	(Block I)	9 a.m. - 11 a.m.
		12 p.m. - 11 p.m.
	(Block II)	9 a.m. - 11 a.m.
		12 p.m. - 2 p.m.
		3 p.m. - 11 p.m.
Tuesday, Thursday	(Block I)	9 a.m. - 1 p.m.
		2 p.m. - 11 p.m.
	(Block II)	9 a.m. - 10 a.m.
		11 a.m. - 11 p.m.
Friday		9 a.m. - 9 p.m.
Saturday		10 a.m. - 8 p.m.
Sunday		10 a.m. - 11 p.m.



Check us out on the Web!

<http://www.ithaca.edu/ithacan>



Rogan's Corner

273-6006 825 Danby Road -- S. Aurora St. & Coddington Road 277-6666

Delivery Hours:

Sun.-Thurs. 11:30 a.m. 'til 1:30 a.m.

Fri. & Sat. 11:30 a.m. 'til 2 a.m.

Delivery on all items available

Sun.-Thurs. 11:30 a.m. 'til 10:00 p.m.

Fri. & Sat. 11:30 a.m. 'til midnight



Always FREE delivery and FREE PEPSI with pizza!
FREE delivery on subs and wings with a \$6.00 min. order.
16oz. PEPSI and DIET PEPSI delivered....\$1.00 each

MUST MENTION THIS AD WHEN ORDERING

24 Wings \$7⁹⁵ tax included Offer Good Until 9/15/97	Small Pizza 2 16-oz sodas \$5⁹⁵ tax included Offer Good Until 9/15/97
Large Pizza 2 16-oz sodas \$8⁹⁵ tax included Offer Good Until 9/15/97	2 Large Pizzas 4 16-oz sodas \$15⁹⁵ tax included Offer Good Until 9/15/97
Small Pizza & 12 Wings 2 16-oz sodas \$9⁹⁵ tax included Offer Good Until 9/15/97	Large Pizza & 24 Wings 4 16-oz sodas \$16⁹⁵ tax included Offer Good Until 9/15/97
Buy 1st Sub at regular Price Get 2nd Sub for \$1 ⁰⁰ Off Offer Good Until 9/15/97	

\$.50 OFF any 32-Slice Sheet Pie (Plus 2 FREE Sodas) expires 9/30/97	32 Slice Sheet & 24 Wings & 2-16oz. Sodas \$19⁹⁵ expires 9/30/97
FREE TOPPING on any 16 Slice-1/2 Sheet Pie (Plus 2 FREE Sodas) expires 9/30/97	\$3.00 OFF Pasta Dinner with marinara or tomato only expires 9/30/97
FREE 16 oz. Soda with any CALZONE expires 9/30/97	16 Slice-1/2 Sheet Pizza & 12 Wings & 2-16oz. Sodas \$11⁹⁵ expires 9/30/97

**ROGAN'S AND FRANCO'S
WOULD LIKE TO
WELCOME ALL THE
STUDENTS BACK.**

Downtown offerings for hilltop students

Health facilities, sports bars and martial arts studios highlight the wide array of athletic activities in Ithaca

The city of Ithaca offers a variety of health and fitness clubs, martial arts studios and sports bars for students to keep in shape throughout the semester as well as follow their favorite teams

Health and Fitness clubs

City Health Club

402 W. Green St.
273-8300
Student rate \$139 per semester
Hours: Monday-Thursday 5:45 a.m.—9 p.m.
Friday 5:45 a.m.—8 p.m.
Saturday and Sunday 8 a.m.—8 p.m.

Courtside Racquet & Fitness Club

16 Judd Falls Rd.
277-0200
Student Rate: start at \$129 with options
Hours: Monday-Thursday 5:30 a.m.—11 p.m.
Friday 5:30 a.m.—9 p.m.
Saturday and Sunday 7 a.m.—7 p.m.

Eastlake Recreational Club

19 Eastlake Rd.
277-2151
Student Rate: Four months \$125
Eight months \$224
One Year \$275
Hours: Everyday 6 a.m.—midnight

Ithaca Fitness Center

119 3rd Street
272-8779
Student rate, semester special \$139
Hours: Monday-Friday 6 a.m.—10 p.m.
Saturday 7 a.m.—7 p.m.
Sunday 9 a.m.—7 p.m.

Places to watch the game

Benchwarmers

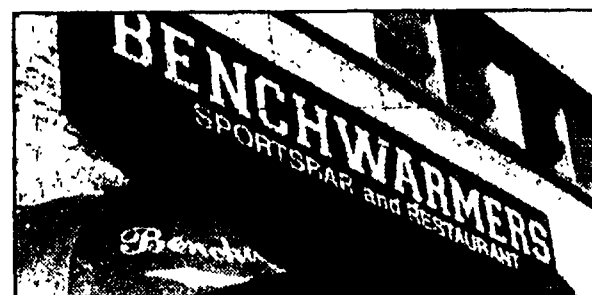
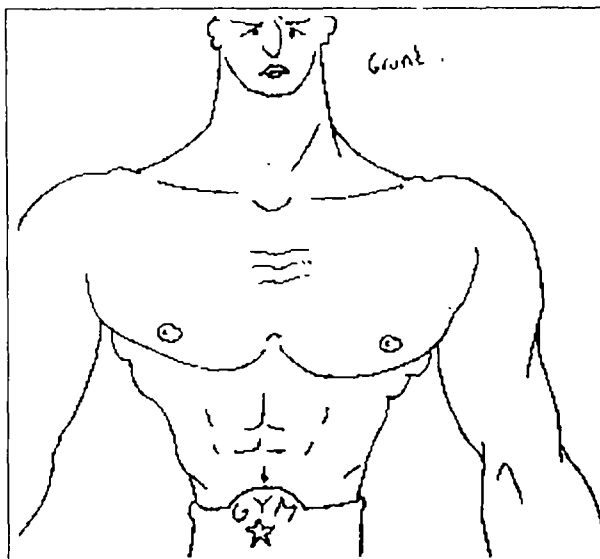
The Commons
277-7539
Hours: Restaurant 11 a.m.—10 p.m.
Bar 11 a.m.—1 a.m.

Ithaca Sports Club

302 W. Green St.
273-2662
Hours: 12 p.m.—1 a.m.

The Rink

1767 E. Shore Drive
277-7465



The Ithacan/Kelly Burdick
Benchwarmers Sportsbar offers a place to catch the latest sports highlights over dinner and drinks.

Martial Arts Studios

CW Tae Kwon Do

15 Catherwood Rd.
257-7810

Hidy Ochiai's Washin-Ryu Karate of Ithaca

1401 N. Cayuga St.
272-3849

Ithaca Karate

120 E. King Rd.
273-8980

Kwon's Champion School

609 W. Clinton St.
277-1627

Shihan World Karate

70 Judd Falls Rd.
277-1047
Student rate: \$170 per semester/approximately four months

Taoist Tai Chi Society of New York

119 S. Cayuga St.
277-5491

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News, Accent and Sports

are looking for new

writers for the 1997-98

academic year. No

experience necessary.

For more information,

contact the Ithacan at

274-3207.

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"The newspaper for the Ithaca College Community"

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26. DROP ZONE
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BREADED CHICKEN, BBQ SAUCE, CHEDDAR & BACON
28. BBQ STEAK
STEAK, BBQ SAUCE, MOZZARELLA & AMERICAN
29. PESTO
PESTO, MOZZARELLA & TOMATOES
30. TESTING ZONE
BREADED CHICKEN, PESTO & MOZZARELLA
31. RONI N' SHROOMS
PEPPERONI, MUSHROOMS, MOZZARELLA & RICOTTA
32. TURKEY CLUB
TURKEY, BACON, TOMATOES, MOZZARELLA & AMERICAN
33. SPINNER
CHICKEN, SPINACH, MOZZARELLA, RICOTTA & GARLIC

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EGG, MOZZARELLA, CHEDDAR
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EGG, HAM, MOZZARELLA, AMERICAN
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(Tastes like a Buffalo Wing!)
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Great for breakfast, lunch, dinner, or late night after partying.
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OF THE
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All Calzones (including Tax) = \$4.75
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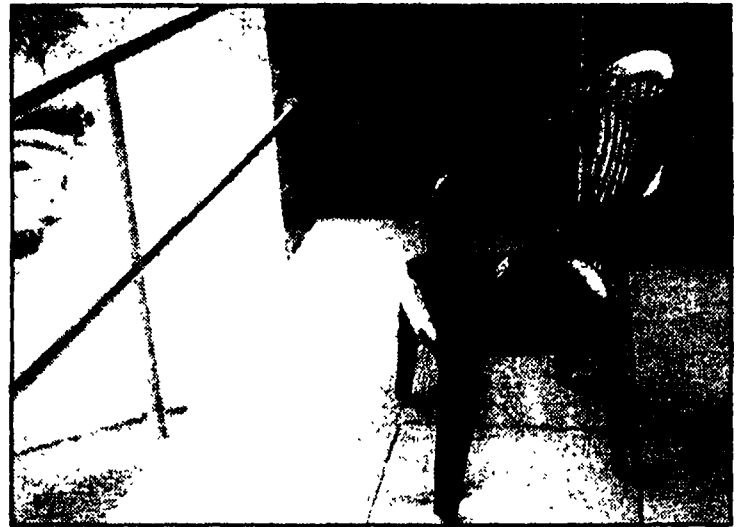
Now Hiring Drivers and Kitchen Staff

THE BIG PICTURE

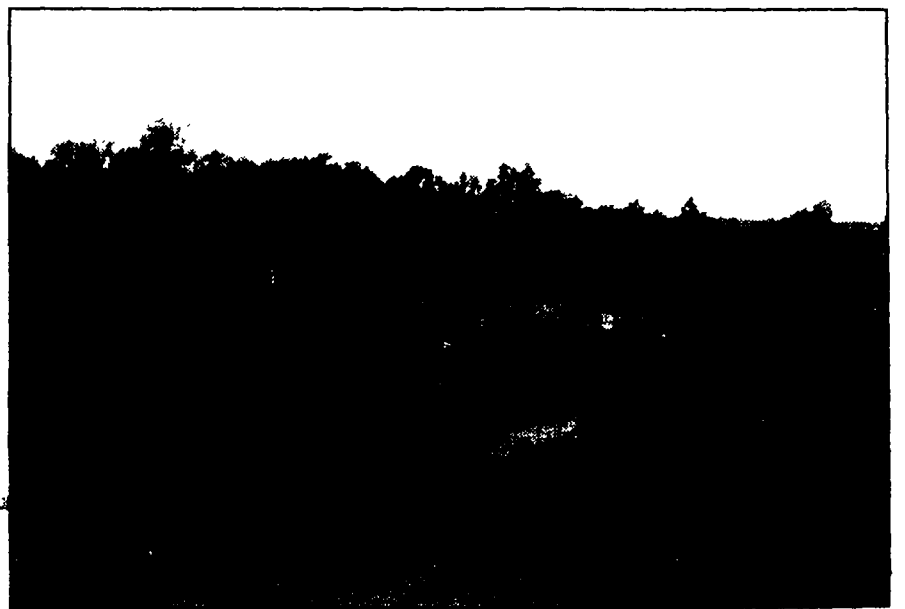
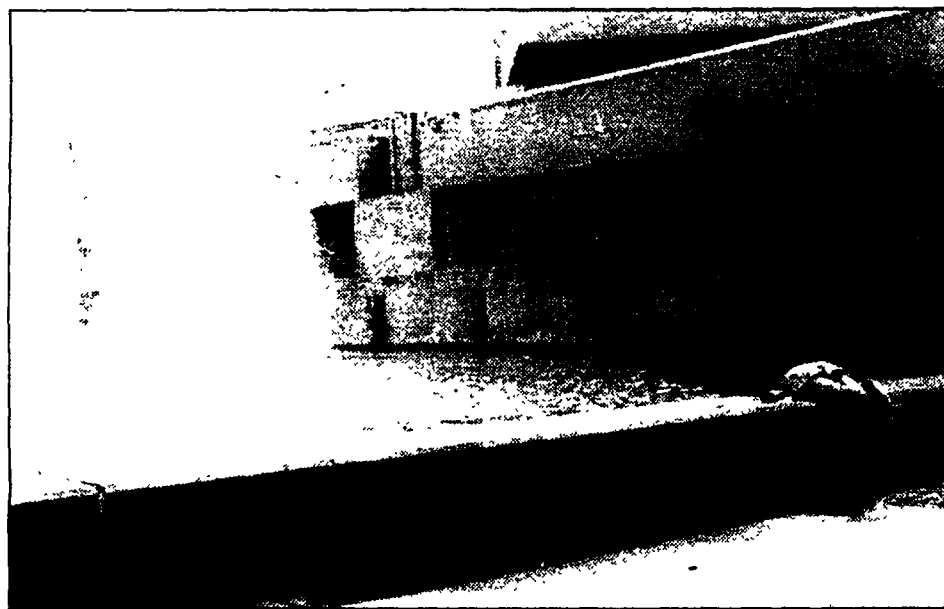
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MONDAY, AUGUST 25, 1997

THE ITHACAN

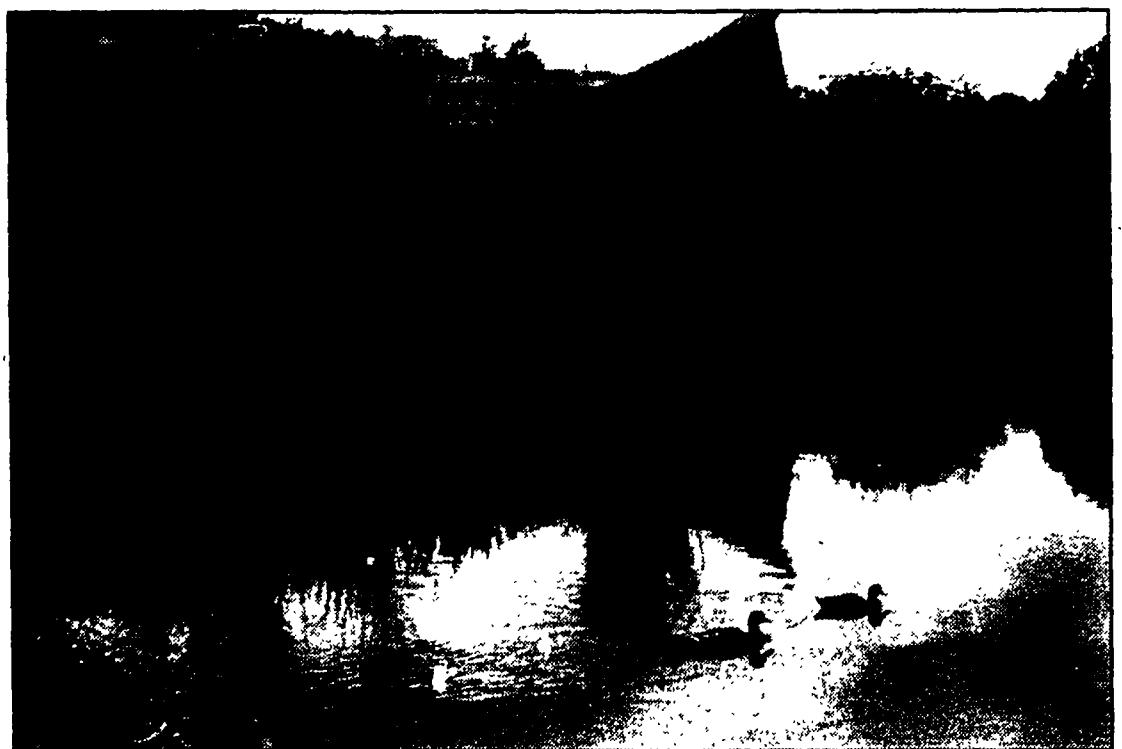


Left: The back stairwell in the library offers a quiet place to read and reflect. Top: Many dorms have balconies for a unique view of the campus. Middle-Left: Heather DeCarlo '99 takes advantage of the fountains while they last. Middle-Right: A vacant field behind Emerson Hall is ideal for late-night walks. Bottom-Left: A bridge over the Chapel Pond provides a new perspective of the water life. Bottom-Right: Students share the peaceful pond with the ducks of Ithaca College.



Solitude on Campus

Yes, it's possible. Students often need breaks from the busy lifestyle of school, and the campus provides a multitude of opportunities. Find your own meaningful spot.



Photos by Emily DeWan